

Selebu

拍數: 32 牆數: 2 級數: Improver
編舞者: Monika Mickein (DE) - February 2020
音樂: Selebu - Eddy Kenzo



Intro: 48 counts – NO Tag – NO Restart

Sec. 1 - Side Together, Chasse to right, Side Together, Chasse to left

1-2 RF step right, LF close next to RF
3&4 RF step right, LF close next to RF, RF step right
5-6 LF step left, RF close next to LF
7&8 LF step left, RF close next to LF, LF step left

Sec. 2 - Cross Rock Side , Cross Rock Side. Step ¼ L Turn 2 x

1&2 RF cross over LF, recover (weight on LF), RF step right
3&4 LF cross over RF, recover (weight on RF), LF step left
5-6 RF step fwd ¼ L (weight on LF) (9:00)
7-8 RF step fwd ¼ L (weight on LF) (6:00)

Sec.3 - Walk RLRL, Fwd Mambo, Back Mambo

1-2 RF step fwd, LF step fwd,
3-4 RF step fwd, LF step fwd,
5&6 RF step fwd, weight back on LF, RF step next to LF
7&8 LF step back, weight back on RF, LF step next to RF

(option: 1-4 - Walk RLRL With Shoulder Shimmy)

Sec.4 - Right Lockstep Fwd, Left Lockstep Fwd, Right Side Mambo, Left Side Mambo

1&2 RF step fwd, LF lock behind RF, RF step fwd
3&4 LF step fwd, RF lock behind LF, LF step fwd
5&6 RF step to right side, weight back on LF, RF step next to LF
7&8 LF step to left side, weight back on RF, LF step next to RF

Suggestion: A PARTY CONTRA DANCE

- Line 1, 3, 5, . . . start 12 o'clock - Line 2, 4, 6, . . . start 6 o'clock -

Sec. 3 – count 5 &6 - Fwd Mambo –

Count 5 - Touch the Hands from your right and left Partner in Front and push your Body back on count &6

Line Dance im HSV Tanzsport - Norderstedt

23.02.2020