

# Hey Girl

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Stompin' Grounds (USA), Tessa Sturm & Dustin Sturm (USA) - June 2019  
音樂: Hey Girl - Ashley Ryan



Intro: 2 counts - start on the lyrics "Me and my girls..."

Note - One Restart during Wall 6 facing 6:00 on the lyrics "It's a quarter til 3..."

## Section 1: [1-8]: Walk, Shuffle Forward, Rock-Recover, L 1/4 Turn, L Side Shuffle

1-2            Walk forward Right, Left  
3&4           Shuffle Forward Right, Left, Right  
5-6           Rock forward on Left, recover on Right  
7&8           Turn 1/4 turn to the Left & shuffle to the Left sideways Left, Right, Left

## Section 2: {1-8}: L Cross Shuffle with Claps, Heel Switches

1-2            Cross Right over Left, Hold & Clap Once  
&3&4          Step Left to side, Cross Right over Left, Hold & Clap Twice  
5-6            Step left, touch right heel diagonally forward  
7-8            Step right, touch left heel diagonally forward

**\*RESTART on Wall 6 after the instrumental following the first chorus.**

**You will do the first 16 counts, add a quick Left step and start the dance over from the beginning.**

## Section 3: [1-8]: L Vine, Full Traveling Spin to R

1-4            Step Left to side, step Right behind Left, Step Left to side, Touch Right beside Left  
5-8            Full spin traveling to the Right stepping Right, Left, Right, Left

## Section 4: [1-8]: L Toe Touch, R Toe Touch, Rock-Recover, Coaster Step

1-2            Tap Left toe forward x 2  
3-4            Tap Right toe forward x 2  
5-6            Rock forward on Left, recover on Right  
7&8            Step back on Left, Step Right beside Left, Step forward on Left

## NOTE (Optional)

**\*Sec 2 - Styling – While doing the Heel Switches, add Hip Sways/Dips – sway left, sway right**

**\*Sec 2 - Instead of the Heel Switches, replace with Step-Touch, Step-Touch with Finger Snaps (Snap Left, Snap Right)**