

Almost Easy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate NC
編舞者: Myra Harrold (SCO) - March 2020
音樂: Almost Easy - Ward Thomas : (Album: Cartwheels)



SECT:1 R FWD,1/2 L,BASIC N/C,SIDE,BEHIND,1/4 L,ROCK,RECOVER,1/2 R

1,2,3,4& Rf Fwd,Pivot 1/2 L,Lf Fwd,Rf To R,Rock Lf Behind Rf,Rf Cross Over Lf (6)
5,6&7,8& Lf To L,Rf Behind Lf,Pivot 1/4 L,Lf Fwd,Rock Rf,Recover On Lf,Pivot 1/2 R,Rf Fwd (9)

SECT:2 L FWD,1/2 R,ROCK,SWEEP,BACK,SWEEP,BEHIND,SIDE,CROSS,1/8 R,FEET TOGETHER

1,2,3,4 Lf Fwd,Pivot 1/2 R,Rf Fwd,Rock Lf Fwd,Recover On Rf,Sweep Lf (3)
5,6&7&8 Lf Back,Sweep Rf Behind Lf,Lf To L,Cross Rf Over Lf,Turn 1/8 R,Lf To L,Close Rf To Lf (4.30)

SECT:3 WALK,L,R,L,5/8 R,SIDE,CROSS,ROCK,RECOVER,BEHIND,SIDE,CROSS

1,2,3&4 Walk,Lf,Rf,Lf (Diagonal 4.30) Pivot 5/8 R,Rf To R,Cross Lf Over Rf (12) (Restart Here Wall 7)
5,6,7&8 Sway/Rock Rf To R,Sway/Rock Lf To L,Rf Behind Lf,Lf To L,Cross Rf Over Lf (12)

SECT:4 L SIDE,BEHIND,3/4 R,FWD,HITCH,1/4 L,ROCK,RECOVER,FULL TURN R,STEP FWD

&1,2,3,4 Lf To L,Rf Cross Behind Lf,Unwind 3/4 R,Lf Fwd,Hitch Rf,Pivot 1/4 L (6) (Restart Here Wall 1&4)
5,6,7&8& Rock Rf Fwd,Recover On Lf,Triple Full Turn R Stepping R,L,R,Step Fwd On Lf (6)

Restart Wall 1:Dance Up To Section:4 Count 4 - Restart At 6 O.Clock

Restart Wall 4:Dance Up To Sect:3 Count 4 - Restart At 6 O.Clock

Restart Wall 7: Dance Up To Sect:4 Count 4 - Restart At 12 O.Clock

To Finish Dance At Front = Dance To Sect:3,Counts 5,6 (The Sways) Cross Rf Over Lf,Unwind 1/2 Turn L
