

Donna Carmela

拍數: 32 牆數: 4 級數: Beginner
編舞者: Francien Sittrop (NL) - March 2020
音樂: Donna Carmela (feat. Bandit) - The Professional DJ : (Album: Bolera Dancefloor Fillers)



Intro: Start after 20 Counts

[1 – 8] Cross, Side, Back, Point, Vine Right

1 – 2 Step R across L, Step L to L side
3 – 4 Step R back, Point L to L side
5 – 8 Step L across R, Step R to R side, Step L behind R, Step R to R side

[9-16] Cross Rock, Recover, ¼ L, Touch R , Step Fwd, Point, Step Fwd, Point

1 – 2 Rock L across R. Recover on R
3 – 4 ¼ Turn L step R to R side, Touch L next to R (09.00) **R**
5 – 6 Step R fwd, Point L to L side
7 – 8 Step L fwd, Point R to R side

[17-24] Cross Rock, Recover, Side, Together, Side, Together, Chasse R

1 -2 Rock R across L, Recover on R
3 – 4 Step R to R side, Step L next to R
5 – 6 Step R to R side, Step L next to R
7 & 8 Step R to R side, Step L next to R , Step R to R side

[25-32] Cross Rock , Recover, Sailorstep ¼ L , Full Turn L, Step fwd, Pivot ¼ L

1 – 2 Rock L across R. Recover on R
3 & 4 Sweep L back with ¼ Turn L, Step R next to L, Step L fwd (06.00)
5 – 6 ½ Turn L step R back, ½ Turn L step L fwd
7 – 8 Step R fwd, Pivot ½ Turn L (03.00)

Easier option count 5 – 6 : Walk fwd R, L

Start Again

Tag : after wall 3 & 8

1 – 4 Rock R fwd, Recover on L, Rock R back, Recover on L

Restart During wall 5:

Restart after count 12. Start again with count 1

Website : www.franciensittrop.nl