

Lady in Red

拍數: 32 牆數: 4 級數: Beginner
編舞者: Marchy Susilani (HK) - March 2020
音樂: The Lady In Red - Chris de Burgh



Sec 1 : Side, behind rock, behind rock, forward ¼ R, forward pivot ½ R, forward shuffle

1-2& Step R to right side, rock behind on L, recover on R
3-4& Step L to left side, Rock behind on R, recover on L
5-6& Step forward ¼ R on R (3:00), step forward on L, pivot ½ R (9:00)
7-8&1 Step forward on L, step forward on R, step L next to R, step forward on R

Sec 2 : Forward mambo, back mambo, forward pivot ¼ R cross, chasse

2&3 Rock forward on L, recover on R, step back on L
4&5 Rock back on R, recover on L, step forward on R
6&7 Step forward on L, pivot ¼ R (12:00), cross L over R
8&1 Step R to right side, step L next to R, step R to right side

Sec 3 : Cross rock side L, R, rock forward, couster step

2&3 Cross rock L over R, recover on L, step L to left side
4&5 Cross rock R over L, recover on R, step R to right side
6-7 Rock forward on L, recover on R
8&1 Step back on L, step R next to L, step forward on L

Sec 4 : Forward diagonal shuffle on R, L, rock forward, step ¼ R, close

2&3 Step diagonal forward on R, step L next to R, step forward on R
4&5 Step diagonal forward on L, step R next to L, step forward on L
6-7 Rock forward on R, recover on L
8&1 Step R ¼ right side (3:00), step L next to R

Restart W4 only 24c

Sec 3 : 6-7-8 Rock forward on L, recover on R, step back on L

Have fun.
