

No More Rhyme

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sandy Kerrigan (AUS) - March 2020
音樂: No More Rhyme - Debbie Gibson : (Album: Greatest Hits/iTunes)



Dance Info: Dance starts wt on L – Dance Starts on lyrics... When the fear..'Sets In' 16 Counts in. BPM [148:2] Track Length 4:11 – There are restarts and tags see note below.

R Scissor Step, Wide Step Drag, Behind, ¼ Fwd, ½ Step Back with Spiral ½ Turn L, Lock Shuffle, ½ Pivot 3:0

1 2 & 3 Step R to R Side, Step L next to R, Cross R over L, Wide Step L to L-Dragging R to L

4 & Step/Cross R behind L, Turning ¼ L-Step Fwd on L

5 Turning ½ L-Step Back on R-in the same count of 5-Spiral ½ L on R-wt on R

6 & 7 8 & Step Fwd L, Lock R behind L, Step Fwd on L, Step Fwd R, ½ Pivot Turn L-wt on L 3:00

Note: End of Wall 2-Dance first 1 2 & add on L to L, Tap R next to L (34) Restart 6:00

There are 3 restarts-Wall 4-Wall 7-Wall 9 + 4 Count Tag on Wall 9

Step Fwd R, ¼ R Side, Behind, ¼ Fwd, R mambo Step, Fwd Rock Step, Behind, Side, Cross 3:00

1 2 & 3 Step Fwd on R, ¼ R-Step R-Step L to L Side, Cross/Step R behind L, ¼ L Step Fwd on L

4 & 5 6 7 Rock Fwd on R, Replace back to L, Step Back on R, Rock Fwd on L, Replace Back to R

8 & 1 Sweep L to Step behind R, Step R to R Side, Cross L over R

Cross R over L, Tap, Back Sweep, Behind, ¼ Fwd, Step Fwd, Fwd ½ Pivot Turn, ¼ Side Scissor Turn 9:00

2 & 3 Cross/Step R over L, Tap L Back behind R, Push Back onto L-Sweeping R-wt on L

4 & 5 Step/Cross R behind L, ¼ L to 12:00-Step Fwd on R

6 7 8 & 1 Step Fwd L, ½ Pivot Turn R-wt on R, ¼ R-Step L to L Side, Step R next to L, Cross L over R

¼ L Back, ¼ L Side, Cross, Side, Back Sweep, Behind, ¼ Fwd, ¼ Side, Step Back Behind, Step Across 9:00

2 3 4 & ¼ L-Step Back on R, ¼ L-Step L to L Side 3:00, Cross R over L, Step L to L

5 6 Step Back on R-Sweeping L, Cross/Step L behind R

& 7 8 & Turning R-¼ R Step Fwd R, ¼ R-Step L to L Side, Step Back on R, Cross L over R

[32&]

Note:

End of Wall 2-Facing 6:00-Dance the first 1 2 &- Add on-Step L to L, Tap R next to L (3 4)

Wall 4 - Dance First 8 & Restart facing 6:00

Wall 7 – Dance First 8 & Restart facing 3:00

Wall 9 – Dance First 8 & Facing 3:00 – Add on 4 count Tag-Side Hips, R, L, R, L (4 cnts) Restart 3:00

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