

Shallow

拍數: 32 牆數: 4 級數: Beginner
編舞者: Suki Choi (KOR) & Sally Hung (TW) - March 2020
音樂: Shallow (DJ Clau Bachata Remix) - Lady Gaga & Bradley Cooper



Intro: 24 counts - no tag, no restart

Styling Option: hip lifts for all touches to match the bachata music

S1. SIDE, TOUCH, ¼ L FWD, SWEEP, CROSS, ¼ R BACK, CHASSE R

1,2,3,4. Step R to R side, Touch L Beside R, ¼ L Stepping L Fwd, Sweep R from back to front
5,6,7&8. Cross R Over L, ¼ R Stepping Back On L, Step R to R Side, Step L Together, Step R to R

S2. CROSS, HOLD, HIP BUMPS, ROCKING CHAIR

1,2,3&4. Cross L Over R, HOLD, Step R to Side Bumping Hip on R-L-R
5,6,7,8. Rock Fwd on L, Recover on R, Rock Back on L, Recover on R

S3. STEP, PIVOT ½ TURN R, HIP BUMPS, STEP, PIVOT ½ TURN L, HIP BUMPS

1,2,3,4. Step Fwd on L, Pivot ½ Turn R, Step Fwd on L with hip bumps to L twice
5,6,7,8. Step Fwd on R, Pivot ½ Turn L, Step Fwd on R with hip bumps to R twice

S4. CHASSE L, BACK, RECOVER, ¼ R FWD, ½ R BACK, SIDE MAMBO W/ TOUCH

1&2,3,4. Step L to L Side, Step R Together, Step L to L Side, Rock Back on R, Recover on L
5,6,7&8. ¼ R Stepping Fwd on R, ½ R Stepping Back on L, Rock R to R, Recover on L, Touch R Beside L

Happy Dancing!

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