Cabeza

拍數: 32 **牆數:** 4 **級數:** Beginner
編舞者: Raymond Sarlemijn (NL) & Roy Verdonk (NL) - March 2020
音樂: Andas En Mi Cabeza - Remix by Chino & Macho

S1: 1/4 Turn R, Syncopated Locksteps Forward, 1/4 Turn L, Cross Rock Steps L/R

1&2&3&4	make a 1/4 turn right stepping RF forward (03.00), LF lock behind RF (&), RF step forward, LF lock behind RF (&), RF step forward, LF lock behind RF (&), RF step forward
&5&6	make 1/4 turn left (12.00)(&), LF cross rock , recover onto RF (&), LF step left
7&8	RF cross rock, recover onto LF(&), RF step right

S2: 1/4 Turn L, Syncopated Locksteps Forward, 1/4 Turn R, Cross Rock Steps R/L

1&2&3&4	make a 1/4 turn left stepping LF forward (09.00), RF lock behind LF (&), LF step forward, RF lock behind LF (&), LF step forward, RF lock behind LF (&), LF step forward
&5&6	make 1/4 turn right (12.00)(&), RF cross rock , recover onto LF (&), RF step right
7&8	LF cross rock, recover onto RF(&), LF step left

S3: Cross R, 1/4 Turn R, Back L, Chasse R, Cross L, Back R, Chasse L

1-2	RF cross in front of LF, make 1/4 turn right stepping LF back (03.00)
3&4	RF step right, LF step together (&), RF step right
5-6	LF cross in front of RF, RF step back
7&8	LF step left , RF step together (&), LF step left

S4: Walk Forward R/L/R/L In Half Circle R, Walk Forward R/L/R/L With Hand Movements

1-2-3-4	walk forward RF, LF, RF, LF making 1/2 circle right (clockwise) (09.00)
5-6-7-8	walk forward RF, LF, RF, LF*

(*optional : wave hands above head right, left, right, left)