

# Cabeza

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Raymond Sarlemijn (NL) & Roy Verdonk (NL) - March 2020  
音樂: Andas En Mi Cabeza - Remix by Chino & Macho



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## S1: 1/4 Turn R, Syncopated Locksteps Forward, 1/4 Turn L, Cross Rock Steps L/R

1&2&3&4      make a 1/4 turn right stepping RF forward (03.00), LF lock behind RF (&), RF step forward, LF lock behind RF (&), RF step forward, LF lock behind RF (&), RF step forward, LF lock behind RF (&), RF step forward  
&5&6      make 1/4 turn left (12.00)(&), LF cross rock , recover onto RF (&), LF step left  
7&8      RF cross rock, recover onto LF(&), RF step right

## S2: 1/4 Turn L, Syncopated Locksteps Forward, 1/4 Turn R, Cross Rock Steps R/L

1&2&3&4      make a 1/4 turn left stepping LF forward (09.00), RF lock behind LF (&), LF step forward, RF lock behind LF (&), LF step forward, RF lock behind LF (&), LF step forward  
&5&6      make 1/4 turn right (12.00)(&), RF cross rock , recover onto LF (&), RF step right  
7&8      LF cross rock, recover onto RF(&), LF step left

## S3: Cross R, 1/4 Turn R, Back L, Chasse R, Cross L, Back R, Chasse L

1-2      RF cross in front of LF, make 1/4 turn right stepping LF back (03.00)  
3&4      RF step right, LF step together (&), RF step right  
5-6      LF cross in front of RF, RF step back  
7&8      LF step left , RF step together (&), LF step left

## S4: Walk Forward R/L/R/L In Half Circle R, Walk Forward R/L/R/L With Hand Movements

1-2-3-4      walk forward RF, LF, RF, LF making 1/2 circle right (clockwise) (09.00)  
5-6-7-8      walk forward RF, LF, RF, LF\*

(\*optional : wave hands above head right, left, right, left)

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