Yesterday's Gone



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Vikki Morris (UK) - March 2020

音樂: Don't Stop - Fleetwood Mac: (2004 Remaster)



Start: 32 counts

S1: R Vine, Touch L, L Vine ¼ L, Scuff R	
1 2	Step Right to Right side, Cross Left behind Right
3 4	Step Right to Right side, Touch Left next to Right
5 6	Step Left to Left side, Cross Right behind Left
7 8	Turn ¼ turn Left stepping forward Left, Scuff R (9 o clock)
S2: R Rock, Recover L, R Toe Strut Back, Back L Rock, Recover R, L Forward Heel Strut	
1 2	Rock forward Right, Recover Left
3 4	Touch Right toes back, Slap Right heel down
5 6	Rock back Left, Recover Right
7 8	Dig Right heel forward, Slap Left toes down
S3: Paddle ¼ L x2, R Jazz Cross L	
1 2	Step forward Right, twist both heels Right as you turn ¼ turn Left (weight now on Left) (6 o clock)
3 4	Step forward Right, twist both heels Right as you turn ¼ turn Left (weight now on Left) (3 o clock)
5 6	Cross Right over Left, Step back Left
7 8	Step Right to Right side, Cross Left over Right
S4: R Diagonal Shoop, Hitch L & Clap, L Diagonal Shoop, Hitch R & Clap	
1 2	To Right diagonal step forward Right, Step Left next to Right
3 4	Step forward Right, Straighten up to front wall as you hitch Left knee & clap hands
5 6	To Left diagonal step forward Left, Step Right next to Left

Step forward Left, straighten up to front wall as you hitch Right knee & clap hands

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(shoop arms forward for this section)

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