Slow Hand Easy Touch AB

拍數: 32

級數: AB Beginner

編舞者: Annemaree Sleeth (AUS) - March 2020

音樂: Slow Hand - Mike Ryan

Or use Slow Hand by The Pointer Sisters. Tags maybe different Starts approx. 16 Counts on Lyrics " Start on " Midnight" Can Be Used as a Split Floor to Crystal Touch by Claire Bell and Maddison Glover

This Dance Was Written To Teach Our Ab Beginners Rocking Chair Steps

S1: [1 - 8] SLOW HALF RHUMBAS, FORWARD X 2

- 1-2 Step R Side , Step L Together
- 3-4 Step R Forward, Hold/Touch L Together
- 5-6 Step L Side, Step R Together
- 7-8 Step L Forward, Hold/Touch R Together

S2: [9 - 16] ROCKING CHAIRS X 2

- 1-2 Rock R Forward, Recover L
- 3-4 Rock R Back, Recover L
- Rock R Forward, Recover L 5-6
- 7-8 Rock R Back, Recover L

S3: [17 - 24] STEP, HOLD, ¼ L PIVOT, HOLD X2

- 1-2 Step R Forward, Hold
- 3-4 Pivot ¼ L, Hold
- 5-6 Step R Forward, Hold
- 7-8 Pivot ¼ L, Hold 6.00

S4: [25 - 32] ROCKING CHAIR, SIDE, TOUCHES X 2

- Rock R Forward, Recover L 1-2
- 3-4 Rock R Back, Recover L
- 5-6 Step R Side, Touch L Together
- Step L Side, Touch R Together (WgtL) 7-8

Tag End Of Wall 2 Facing 12.00

R Side, Touch ,L Side, Touch

Ending Dance Sec 1 and 2 Counts of Sec 2. (Rock Recover)

BEGIN AGAIN

Watch The Video on annemaree sleeth Youtube Email- inlinedancing@gmail.com Last Update - 11 March 2020





牆數: 2