

Redeemed

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 4 級數: Intermediate Waltz
編舞者: Sheila Pfaff (USA) - January 2020
音樂: Redeemed - Big Daddy Weave : (Album: Love Come to Life: The Redeemed Edition - iTunes, Spotify)



Intro: 48 counts. Approx. 131 bpm

Restarts: 3 (All restarts start at 6:00 and restart at 9:00)

[1-12] BACK, HITCH, BACK, ROCK, RECOVER, BACK, HITCH, BACK, ROCK, RECOVER

123 456 Step L back (1), hitch R to right side (2,3), step R back (4), rock L to left side (5), recover R (6)

123 456 Step L back (1), hitch R to right side (2,3), step R back (4), rock L to left side (5), recover R (6)

[13-24] FORWARD, ROCK, RECOVER, FORWARD, ROCK, 1/4 TURN R, 1/8 TURN R STEP, LEG RAISE/KICK, ON DIAGONAL STEP BACK, STEP BACK, STEP FORWARD

123 456 Step L forward (1), rock R to right side (2), recover weight to L (3), cross R over L (4), rock L to left side (5), make 1/4 turn right stepping R forward {3:00} (6)

123 456 Make 1/8 turn right stepping L forward {4:30} (1), raise R leg (2), gently kick R forward (3) step R back (4), step L next to R (5), step R forward (6) {still on diagonal}

Restart here on wall 5, but turn 1/8 L to square up to wall on step 1 to restart

[25-36] STEP, SWEEP, STEP, SWEEP, ROCK, RECOVER, POINT, 1/8 TURN L SAILOR STEP

123 456 Step L forward (1), sweep R forward (2, 3) step R forward (4), sweep L forward (5,6)

123 Rock L forward (1), recover weight R (2), point L to L side (3) {still on diagonal to here}

Restart here on wall 3 and 7, but turn 1/8 left to square up to wall on step 1 to restart

456 Step L behind R (4), make 1/8 turn left stepping R to right side {3:00} (5), step L to left side (6)

[37-48] CROSS ROCK, RECOVER, STEP, CROSS ROCK, RECOVER, STEP, SWAY, SWAY, 1/4 TURN R, HITCH 1/4 TURN R, CROSS, STEP

123 456 Cross rock R over L (1), recover weight L (2), step R beside L (3), cross rock L over R (4), recover weight R (5), step L beside R (6)

123 456 Sway hips R (1), sway hips L (2), make 1/4 turn right stepping R forward {6:00} (3), hitch L making 1/4 turn right {9:00} (4), cross L over R (5), step R to right side (6)

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