

Back 2 Basic

拍數: 64 牆數: 4 級數: Improver
編舞者: Tonny van Donk (NL) - March 2020
音樂: The Cowboy Rides Away - Ronnie Dunn



Right Rolling Turn, Touch (Clap)

- 1 RF step forward 1/4 turn R
- 2 LF step back 1/2 turn R
- 3 RF step side 1/4 turn R
- 4 LF touch beside (clap)

Lindy Hop

- 5 LF step side
- & RF step beside
- 6 LF step side
- 7 RF rock back
- 8 LF rock forward

Rocking Chair, Scuff

- 9 RF rock forward
- 10 LF rock back
- 11 RF rock forward
- 12 LF scuff

Pivot, Step, Scuff

- 13 LF step forward
- 14 1/2 turn R
- 15 LF step forward
- 16 RF scuff

Right Turning Vine, 1/2 Turn

- 17 RF step side
- 18 LF cross behind
- 19 RF step forward 1/4 turn R
- 20 LF step back 1/2 turn R

Back Shuffle, Back Rock Step

- 21 RF step back
& LF step beside
- 22 RF step back
- 23 LF rock back
- 24 RF rock forward

Triple Turn, Back Rock Step

- 25 LF step side, 1/4 turn R
& RF step beside
- 26 LF step back, 1/4 turn R
- 27 RF rock back
- 28 LF rock forward

Electric Kick

- 29 RF rock forward

- 30 LF rock back
- 31 RF rock back
- 32 LF rock forward

RESTART: Dance during round 3 till count 32 and start over

Heel Switches, Hold (Clap)

- 33 RF touch heel forward
& RF step beside
- 34 LF touch heel forward
& LF step beside
- 35 RF touch heel forward
- 36 hold (clap)
& RF step beside
- 37 LF touch heel forward
& LF step beside
- 38 RF touch heel forward
& RF step beside
- 39 LF touch hee forward
- 40 hold (clap)

Left Vine, Touch (Clap)

- 41 LF step side
- 42 RF cross behind
- 43 LF step side
- 44 RF touch beside (clap)

Right Rolling Turn, Touch (Clap)

- 45 RF step forward 1/4 turn R
- 46 LF step back 1/2 turn R
- 47 RF step side 1/4 turn R
- 48 LF touch beside (clap)

Lindy Hop into Rocking Rondé

- 49 LF step side
& RF step beside
- 50 LF step side
- 51 RF rock back
- 52 LF rock forward
- 53 RF rock side
- 54 LF recover weight
- 55 RF rock back
- 56 LF rock forward

Right Lindy Hop

- 57 RF step side
& LF step beside
- 58 RF step side
- 59 LF rock back
- 60 RF rock forward

Scissor, Hold (Clap)

- 61 LF step side
- 62 RF slide beside
- 63 LF step across

64 hold (clap)

1 start over
