

# Keep Up

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 2      級數: Improver  
編舞者: Lynn Luccisano (USA) & Janis Graves (USA) - February 2020  
音樂: Keep Up - RaeLynn : (iTunes)



**24 count intro {Start on the vocals} No Tags/No Restarts!!!**

## **R SCUFF HITCH STOMP, SWIVEL HEELS, L SCUFF HITCH STOMP, SWIVEL HEELS**

1&2      R scuff, hitch, stomp fwd (12:00)  
3&4      Swivel both heels R, center, R- take weight on R foot  
5&6      L scuff, hitch, stomp fwd  
7&8      Swivel both heels L, center, L-take weight on L foot

## **VAUDEVILLE STEPS**

1-2      Step R to R, Step L behind R  
&3&4      Step R beside L, Touch L heel fwd, Step L beside R, Cross R over L  
5-6      Step L to L, Step R behind L  
&7&8      Step L beside R, Touch R heel fwd, Step R beside L, Cross L over R

## **SHUFFLE R, STOMP HITCH ¼ TURN L, SHUFFLE L, STOMP HITCH ¼ TURN R**

1&2      Step R to R side, step L next to R, step R to R side  
3-4      Stomp L forward, hitch L turning 1/4 L (9.00)  
5&6      Step L to L side, step R next to L, step L to L side  
7-8      Stomp R forward, hitch R turning 1/4 R (12.00)

## **STEP R FWD, TOUCH L CLAP, ¼ L, TOUCH R 2 CLAPS, STEP R FWD, TOUCH L CLAP, ¼ L, TOUCH R 2 CLAPS**

1-2      Step R fwd, touch L next to right with a single clap  
3&4      Turn ¼ L stepping on L, touch R next to L with a double clap (9:00)  
5-6      Step R fwd, touch L next to right with a single clap  
7&8      Turn ¼ L stepping on L, touch R next to L with a double clap (6:00)

## **R SIDE ROCK, RECOVER L, BEHIND SIDE CROSS, L SIDE ROCK, RECOVER R, BEHIND SIDE CROSS**

1-2      Rock R to R side, recover weight to L (6.00)  
3&4      Step R behind L, step L to L side, cross R over L  
5-6      Rock L to L side, recover weight to R  
7&8      Step L behind R, step R to R side, cross L over R

## **HIP BUMPS**

1-2      Step R forward bumping hip to R, bump L hip back (6.00)  
3-4      Bump R hip forward, hitch L  
5-6      Step L forward bumping hip to L, bump R hip back  
7-8      Bump L hip forward, touch R next to L

**Suggested Ending: The last wall starts at 12:00. Dance through Count 32 - you will be facing 6:00. After Counts 31 & 32 (1/4 turn, double claps), quickly touch your shoulders and throw your hands up on the words "Keep up!" Option: turn to the front.**

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Keep dancin'!

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