

Over You Mabel AB

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: AB Beginner
編舞者: Annemaree Sleeth (AUS) - March 2020
音樂: Don't Call Me Up - Mabel



Starts approx. 32 Counts on Lyrics " Start on "You"

Can Be Used as Floor Split to Julia Wetzel's Easy Intermediate Dance (I'M Over You)

S 1 1 - 8 R DIAG FWD, L TOGETHER, R DIAG FWD, TOUCH X SAME TO L

1-2 (Facing 1.30) Step R Diag Forward, Step L Together
3-4 Step R Forward, Touch L Together,
5-6 (Facing 10.30) Look Over R Shoulder Step L Diag Forward, Step R Together
7-8 Step L Forward, Touch R Together (10.30)

Option styling bending knees to Funk It Up

S2 9 - 16 R VINE, TOUCH, ¼ L VINE, TOUCH

1-2 (Straighten Up12.00) Step R Side Cross L Slightly Behind
3-4 Step R Side, Touch L Together 9.00
5-6 Step L Side Cross R Slightly Behind L
7-8 ¼ L Step L Forward, Hitch R/Touch R Together

S3 17 - 24 DOUBLE HIP BUMPS R&L. SINGLE HIP BUMPS R. L. R. L

1-2 Step R Side bump R Hip, Twice to R Side (Using circular arm movements towards you)
3-4 Transfer L Side bump L Hip Twice to L Side
5-6 Transfer R Side bump Hip R, Then L Hip
7-8 Transfer R Side bump Hip R Then L Hip

Option styling:

Rolling Arms Towards You . See Video

S4 25 - 32 CHARLESTON, SIDE, TOUCH, SIDE, TOUCH

1-2 Step R Forward, Cross Touch L Over R
3-4 Step L Back, Touch R Behind L
5-6 Step R Side , Touch L Over R
7-8 Step L Side, Touch R Together (WgtL)

Option Styling : Swing Arms on Charleston's

BEGIN AGAIN

Watch The Video on annemaree sleeth Youtube

Email- inlinedancing@gmail.com