

Here And Now

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Low Intermediate
編舞者: Arlene Jones (USA) - March 2020
音樂: Here and Now - Kenny Chesney



1 Restart - after 16 counts on wall 6

Sec. 1 R & L Diag. Toe Struts, Rock, Rec., R Step R, Hold

1 - 2 R toe strut R fwd diag lifting/pushing R hip fwd, set R heel down (12:00)
3 - 4 L toe strut L fwd diag lifting/pushing L hip fwd, set L heel down
5 - 6 R rock behind L, recover, crouching down with hands out to sides and looking down
 beginning to raise arms
7 - 8 R step R, hold

(Chorus - when words "Here And Now" are sung, look down, palms facing fwd, begin to raise hands, look up)

Sec. 2 Step, Hold, 1/4 R Pivot, Hold, Vaudeville

9 - 12 L step fwd, hold, 1/4 R pivot, hold (3:00)
13 - 16 L cross over R, R step R, L heel touch L diag fwd, L step beside R

(Restart here on wall 6)

Sec. 3 Vaudeville, L Step Fwd, Turn 1/4 R

17 - 20 R cross over L, L step L, R heel touch diag fwd, R step beside L
21 - 24 L step fwd, hold, turn 1/4 R, hold (6:00)

Sec. 4 L Step Back, R Step Together, Swizzle Step L Fwd, Bounce On Heels 3 Times Turning 1/4 R

25 - 28 L step back, R step beside L, lift L heel and R toe and twist to R, center
29 - 32 L step fwd, bounce on heels 3 times turning 1/4 R (9:00)

Sec. 5 R Vine, Low Hitch & Turn 1/4 R, L Vine, R Scuff (Raise hands to sides only on chorus - when Kenny sings "Here and Now")

33 - 36 R step R, L step behind R, R step R, hitch/raise L foot just off floor turning 1/4 R (12:00)
37 - 40 L step L, R step behind L, L step L, R scuff beside L

Sec. 6 Slow Jazz Box

41 - 48 R step across L, hold, L step back, hold, R step R, hold, L step beside R, hold

Sec. 7 Twist Heels R L R, Hold, L Coaster, Hold

49 - 56 Twist Heels R L R, hold, L step back, R step beside L, L step fwd, hold

Sec. 8 1/4 R Monterey, L Step Diag Back, Hold, R Heel Drag

57 - 60 R toes tap R, R step beside L turning 1/4 R, L toes tap L, L tap beside R (3:00)
61 - 62 L step back L diag, hold
63 - 64 R heel drag back to L foot on 2 counts

Ending: Section 8 will begin facing 6:00 and end facing 9:00 To end the dance facing 12:00 ---

61 - 63 Step L back diag, (omit hold) drag R to L (2 counts)
64 Turn to 12:00 and stomp R forward with palms facing forward (12:00)

Begin Again. Hope you enjoy this peppy dance and music.

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