

Thumbs Up

拍數: 80 牆數: 2 級數: Improver
編舞者: Pooi Kuan (MY) - February 2020
音樂: Thumbs Up - MOMOLAND



Intro 8 counts

SOD : AABB ABB A(4X8) BB

Part A – 48 counts

Section 1 Step RF Forward, Together, Clap, Clap,

Step LF Forward, Together, Clap, Clap

1 2 3 4 Step RF Forward, Step LF Together, Clap 2 times beside Right cheek
(Option: step 1,2 can step a bit diagonal right)
5 6 7 8 Step LF Forward, Step RF Together, Clap 2 times beside Left cheek
(Option: step 5,6 can step a bit diagonal left)

Section 2 Step R, Rock Back Recover, Step L, Rock Back Recover, Touch, Hold 1 2 3 Step RF to R, Step LF Back Recover on RF

4 5 6 Step LF to L, Step RF Back Recover on LF
7 8 Touch RF next to LF, Hold

Section 3 Touch, Step

1 2 Touch RF to diagonal R, Step RF next to LF
3 4 Touch LF to diagonal L Step LF next to RF
5 6 Touch RF to diagonal R, Step RF next to LF
7 8 Touch LF to diagonal L Step LF next to RF

Section 4 Pivot 1/2 turn, Walk Walk, Hip Bump

1 2 3 4 Step RF Forward, Pivot 1/2L Turn, Walk Forward on RF,LF
5 & 6 Step RF to R hip bump to Right 2 times
7 & 8 Hip bump to Left 2 times

*** Short part A 32 counts happens here ***

Section 4 Pivot ½ Turn 2 times (facing 12:00),
Hip Bump Right 2 times, Left 2 times then continue Part B

Section 5 Right Vine, Left Vine

1 2 3 4 Step RF to R, Step LF behind, step RF to R, Touch LF next to RF
5 6 7 8 Step LF to L, Step RF behind, step LF to L, Touch RF next to LF

Section 6 Rocking Chair, Out Out In In

1 2 3 4 Step RF forward, Recover on LF, Step RF Back, Recover on LF
5 6 7 8 Step RF Out to R, Step LF out to L, Step RF Back, Step LF together

.....continue 'Thumbs Up'.....2/2

Part B – 32 counts (Chores)

Section 1 Step RF to R with Right Thump up to Right, Chest Pop, Hands Styling

1 2 3 4 Step RF to right with right thumps up to right, chest pop 3 times
5 Step RF next to LF and Put down your right thumb beside right waist,
6 Put your left thumb up on you right thumb,
7 Put your right thumb up on your left thumb.
8 Step RF to right and Put you right hand on your left waist

Section 2 Right Thumb Up to Right. Chest Pop, Hands Styling

- 1 2 3 4 Right thumps up to right, chest pop 3 times
- 5 Step RF next to LF and Put down your right thumb beside right waist,
- 6 Put your left thumb up on you right thumb,
- 7 Put your right thumb up on your left thumb.
- 8 Step RF to right and Put down both hand on sides

Section 3 Hip Sway with Hand Styling

- 1 2 3 4 Sway Hip R, L, R,L with Right finger pointing up
- 5 6 7 8 Sway Hip R, L, R, L with both hand turning circle beside head

Section Hip Sway with Hand Styling, Cross RF, Step Back, Hands Styling

- 1 2 3 4 Sway Hip R, L, R,L with Right finger pointing forward
- 5 6 Cross RF over LF, Step LF back
- 7 Step RF to Right with hands styling: -
Right hand straight forward with Right Thumb point to left side, left hand under right elbow.
- 8 Right Thumb Up

~~~ Enjoy! ~~~

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