

Any Song Dance

拍數: 64 牆數: 1 級數: Improver
編舞者: Tina Wahono (INA), NanaPace (INA) & Wenarika Josephine (INA) - March 2020
音樂: Any Song (아무 노래) - ZICO (지코)



*Dance starts on vocal,
*1 tag after wall 5

I. SIDE TOGETHER SIDE TOUCH (RF & LF)

1 – 4 R to side – close L beside R – R to side – touch L beside R
5 – 8 L to side – close R beside L – L to side – touch R beside L

II. WALK FORWARD, BRUSH OUT OUT, UPPER BODY ROLL, TOE SWIVEL

1 – 2 Walk forward on R – L
3 & 4 Brush R fwd – step R to side – step L to side
5 – 6 Upper body roll down from right to left
7 & 8 Twist R heel out – twist in – twist out

III. ANCHOR STEP 4X

1 & 2 R slightly behind L – recover on L – recover on R
3 & 4 L slightly behind R – recover on R – recover on L
5 & 6 R slightly behind L – recover on L – recover on R
7 & 8 L slightly behind R – recover on R – recover on L

IV. KICK BALL SIDE TOUCH (R – L), FORWARD MAMBO , BACK MAMBO

1 & 2 Kick R fwd – step on R – touch L to side
3 & 4 Kick L fwd – step on L – touch R to side
5 & 6 Rock R fwd – recover on L – R beside L
7 & 8 Rock L back – recover on R – L beside R

V. SYNCOPATED SIDE STEP , TWIST

1&2& R to side – L beside R – R to side – L beside R
3&4 R to side – L beside R – R to side
(Note : count 1 – 4 may be danced free style as long as moving to right side)
5 – 8 Twist both heels to right – left – right - centre

VI. SYNCOPATED SIDE STEP , TWIST

1&2& L to side – R beside L – L to side – R beside L
3&4 L to side – R beside L – L to side
(Note : count 1 – 4 may be danced free style as long as moving to left side)
5 – 8 Twist both heels to left – right – left - centre

VII. TOE STRUT WITH FLICK, PIVOT ½ LEFT, FORWARD SHUFFLE

1 – 2 Touch R toe fwd – drop R heel with L flick back
3 – 4 Touch L toe fwd – drop L heel with R flick back
5 – 6 Step R fwd – turn ½ left(6.00)
7 & 8 R fwd – L beside R – R fwd

VIII. TOE STRUT WITH FLICK, PIVOT ½ RIGHT, FORWARD SHUFFLE

1 – 2 Touch L toe fwd – drop L heel with R flick back
3 – 4 Touch R toe fwd – drop R heel with L flick back
5 – 6 Step L fwd – turn ½ right(12.00)
7 & 8 L fwd – R beside L – L fwd

*Tag : after wall 5

*4 counts tag is free style (e.g. hold or hip sway or body roll...)

Have fun !!!

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