

Dangerous

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Bertha Arseneau (CAN) - March 2020
音樂: Dangerous - Kardinal Offishall



Intro: 32 Counts

(Sec.1) Kick ball Change, Bump Hips, Left, Right, Left, (2X) (1-8)

1&2 Kick R.F. forward (1), step on ball of R.F. a little forward (&), Step L.F. next to R.F (2)
3&4 Bump hips to left (3), right (&), left (4), (option; twist feet left & left)
5&6 Kick R.F. forward (5), step on ball of R.F. a little forward (&), Step L.F. next to R.F (6)
7&8 Bump hips to left (7), right (&), left (8), (option; twist feet left & left)

(Sec.2) Push Hips Right & Right, Left & Left, Step, Pivot, Kick, Coaster Step (9-16)

1 & 2 With body slightly turned to left (10:30), step R.F. fwd and push hips to right (1), left (&), right (2),
3 & 4 With body slightly turned to right (1:30), step L.F. fwd and push hips to left (3), right (&), left (4)
5, 6 Step R.F. fwd (12:00) (5), pivot ½ turn left (keeping weight on RF) and kick L.F. fwd (6), (6:00)
7 & 8 Step L.F. back (7), step R.F. next to L.F. (&), step L. f. forward (8).

(Sec.3) To 1/4 turn left, Slide, Behind, Side, Cross, Rock, Recover, Behind, Side, Cross (17-24)

1,2 To 1/4 turn left, take a long step R. on R.F (1), slide L.F. next to R.F.(Keep weight on R.F.) (2) (3:00)
3&4 Step L.F. behind R.F (3), step R.F. to R (&), Step L.F. across R.F. (4)
5,6 Rock R.F. to right (5), recover on L.F. (6)
7&8 Step R.F. behind L.F. (7), step L.F. to L. (&), step R.F. across L.F. (8) (3:00)

(Sec.4) Mambo Steps to Left, Right, Forward, Step pivot ½ turn left (25-32)

1 & 2 Step L.F. to left (1), step R.F. in place (&), step L.F. next to R.F. (2),
3 & 4 Step R.F. to right (3), step L.F. in place (&), step R.F. next to L.F. (4),
5 & 6 Step L.F. fwd (5), step R.F. in place (&), step L.F. next to R.F. (6),
7, 8 Step R.F. fwd (7), pivot ½ turn to left and step L.F. fwd (8) (9:00)

START OVER

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Last Update - 6 Feb. 2021