

# The Chase (P)

拍數: 32      牆數: 0      級數: Beginner Partner  
編舞者: Kevin and Meléna Richards (USA) - March 2020  
音樂: Chasin' Me - Caroline Jones



Starting position: Facing FLOD in sweetheart position. Dance start after 48 beats, with lyrics

## (1-8) Shuffle forward x4

1&2      Shuffle forward R, L, R  
3&4      Shuffle forward L, R, L  
5&6      Shuffle forward R, L, R  
7&8      Shuffle forward L, R, L

## (9-16) Rock, recover and turn to face, rock, recover, step, step together

1, 2      [Man] Rock RF forward, recover weight to LF  
3, 4      ½ turn right step RF, step together LF  
5, 6      Rock RF back, recover LF (Lady- opposite footwork)  
7, 8      Step RF next to LF, step LF in place (Lady- opposite footwork)

1, 2      [Lady] Rock RF forward, recover weight to LF  
3&4      Shuffle back R, L, R  
5, 6      Rock LF back, recover RF  
7, 8      Step LF next to RF, step RF in place

## (17-24) Walk forward/backward with hand holds x4

1, 2      [Man] Step RF forward and release top hand, hold and rejoin underneath  
3, 4      Step LF forward and release top hand, hold and rejoin underneath  
5, 6      Step RF forward and release top hand, hold and rejoin underneath  
7, 8      Step LF forward and release top hand, hold and rejoin underneath

1, 2      [Lady] Step LF back and release top hand, hold and rejoin underneath  
3, 4      Step RF back and release top hand, hold and rejoin underneath  
5, 6      Step LF back and release top hand, hold and rejoin underneath  
7, 8      Step RF back and release top hand, hold and rejoin underneath

## (25-32) Rock, recover, ¼ turn outside, weave and spin

1, 2      [Man] Rock RF forward, recover LF  
3, 4      Step RF back, ¼ turn left step LF to left, facing outside LOD  
5, 6      Step RF across LF, side step LF to left  
7, 8      Step RF behind LF, ¼ turn left step LF facing LOD

1, 2      [Lady] Rock LF back, recover RF  
3&4      Side shuffle L, R, L making ¼ turn right, facing outside LOD  
5, 6      Step RF over LF, step LF forward making ¼ turn left  
7, 8      Step RF back making ½ turn left, step LF forward making ½ turn right, facing LOD