

Stack It Up

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Stack It Up - Liam Payne



[1-8] Side Step, Sailor Step x2, Weave

12& RF Step R, LF Step behind, RF Step slightly R
34& LF Step L, RF Step behind, LF Step slightly L
56& RF Step R, LF Step behind, RF Step R
7&8& LF Cross, RF Step R, LF Step behind, RF Step R

[9-16] Push and Recover x2, Swivel Back x2, Swivel Triple step

12& LF Push forward, RF Recover, LF Step together
34& RF Push forward, LF Recover, RF Step together
5 6 LF Step diagonal back with swivel RF, RF Step diagonal back with swivel LF
7&8 LF Step diagonal back with swivel RF, Repeat RF, LF

[17-24] Touch, Unwind Half Turn, Body Roll, Diagonal Step Lock Step

1 2 RF Touch behind, 1/2 Unwind Turn R
3&4 Start body roll, Finish body roll, Body down
5 6 RF Step diagonal R, LF Step behind
7&8 RF Step diagonal R, LF Step behind, RF Step diagonal R

[25-32] Skate Working x2, Mambo Step, Full Turn, 1/4 Side Step, Cross Step

1 2 LF Step diagonal L, RF Step diagonal R
3&4 LF Step forward, RF Recover, LF Step backward
5 6 RF 1/2 Turn R Step forward, LF 1/2 Turn R Step backward
7 8 RF 1/4 Turn R Step side, LF Cross