Colours

拍數: 32	牆數: 2	級數: Intermediate

編舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - March 2020

音樂: Colours - Machel Montano

No Tags or Restarts

Intro: 16 Counts

Sec 1: Big Step to L, Behind, Cross, Side, Behind-Side-Cross, Side Mambo, Cross, 1/4 Step-Lock-Step Back

1-2&3	RF. Big step to R - LF. Step behind RF - RF. Cross over LF - LF. Step side
4&5	RF. Cross behind LF - LF. Step side - RF. Cross over LF
6&7	LF. Side rock - Recover - LF. Cross over RF
8&1	RF. 1/4 Turn L step back - LF. Lock across RF - RF. Step back (9:00)

Sec 2: 1/8 Turn L, Together, Step fwd, Step fwd, 1/8 Turn L, Cross, 1/4 Turn R, 3/8 Turn R, Step-Lock-Step

2&3	LF. 1/8 Turn L step side - RF. Step together - LF. Step fwd (7:30)
4&5	RF. Step fwd - LF. 1/8 Turn L step side - RF. Cross over LF (6:00)
6-7	LF. 1/4 Turn R step back (9:00) - RF. 3/8 Turn R step fwd (1:30)
8&1	LF. Step fwd - RF. Lock behind LF - LF. Step fwd (1:30)

Sec 3: Mambo fwd, Back Step-Lock-Step, Full Turn R, Coaster 1/8 Turn L

2&3	RF. Rock fwd - LF. Recover - RF. Step back
4&5	LF. Step back - RF. Lock across LF - LF. Step back (1:30)
6-7	RF. 1/2 Turn R step fwd (7:30) - LF. 1/2 Turn R step back (1:30)
8&1	RF. Step back - LF. Step together - RF. 1/8 Turn L step fwd (12:00)

Sec 4: Volta 5/8 Turn L, Side Rock, Recover, Cross Mambo

2&	LF. 1/8 Turn L step fwd (10:30) - RF. Lock behind LF
3&	LF. 1/8 Turn L step fwd (9:00) - RF. Lock behind LF
4&5	LF. 1/8 Turn L step fwd (7:30) - RF. Lock behind LF - LF. 1/8 Turn L step fwd (6:00)
6-7-8&	RF. Side rock - LF. Recover - RF. Cross rock over LF - LF. Recover

Start Again

Ending: (12:00) Dance the 9th wall to count 31, count 7 of the 4th block, then do Sailor 1/2 Turn R

8&1	RF. Cross behind LF with a 1/2 turn R - LF. Step beside RF - RF. Cross over LF

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