

All That I Know

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Kim Ray (UK) - March 2020
音樂: All That I Know - Nadine Coyle



#8 counts Intro

S1: RUMBA BOX, KICK

1-2 Step right to right side, step left next to right
3-4 Step forward on right, touch left next to right
5-6 Step left to left side, step right next to left
7-8 Step back on left, kick right forward (12:00)

S2: COASTER STEP, STEP FORWARD, ROCKING CHAIR

1-2 Step back on right, step left next to right
3-4 Step forward on right, step forward on left
5-6 Rock forward on right, recover back on left
7-8 Rock back on right, recover forward on left (12:00)

S3: PIVOT ½ TURN LEFT, RUN FORWARD, ¼ TURN LEFT, STEP RIGHT SIDE, HOLD, ROCK BACK/RECOVER

1-2 Step forward on right, ½ pivot turn left (6:00)
3-4 Run forward on right, run forward on left (OR full turn left travelling forward)
5-6 ¼ turn left stepping right to right side, hold (3:00)
7-8 Rock back on left, recover forward on right

S4: SIDE, BEHIND, ¼ TURN LEFT, ¼ TURN LEFT SCUFF, STEP TOUCH, STEP TOUCH

1-2 Step left to left side, cross right behind left
3-4 ¼ turn left stepping forward on left, scuff right forward (12:00)
5-6 ¼ turn left stepping right to right side, touch left toe next to right (9:00)
7-8 Step left to left side, touch right toe next to left

Start again

Contact: kim.ray1956@icloud.com
