I Love You Goodbye (P)



拍數: 48 編數: 0 級數: Intermediate Partner

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音樂: I Love You, Goodbye - Midland



Start: In Sweetheart position (side by side), the partners face LOD. The steps are the same except if indicated.

Intro: 16 counts.

[1-8] M: CROSS ROCK STEP, TRIPLE STEP, CROSS ROCK STEP, TRIPLE STEP

[1-8] L: CROSS ROCK STEP, TRIPLE STEP, CROSS ROCK STEP, TRIPLE STEP in FULL TURN L

1-2 Cross rock step R over L, recover on L

3&4 Triple step R,L,R in place

5-6 Cross rock step L over R, recover on R

7&8 M: Triple step L,R,L in place

L: Triple step L,R,L in full turn to left (RLOD)

*** On count 7 release L hands and raise R hands over the lady's head.

On counts 7&8 lady do a full turn to left, she's now on the man left side and place her L hand on her L waist. On count 8 the man take the L lady's hand with his L hand.

[9-16] M: STEP, PIVOT 1/4 TURN L, TRIPLE STEP in 1/4 TURN L, ROCK BACK, TRIPLE STEP [9-16] L: STEP, PIVOT 1/2 TURN L, SHUFFLE BACK in 1/2 TURN L, ROCK BACK, SHUFFLE FWD

1-2 M : Sep R forward, pivot 1/4 turn to left (face ILOD)

L : Step R forward, pivot 1/2 turn to left (RLOD)

On count 1 without releasing hands, man raise both R hands over the lady's head.

*** The partners are now in Double Hand Cross position, both R hands are on top.

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3&4 M : Triple step R,L,R in place in 1/4 turn to left (RLOD)

L : Shuffle back R,L,R in 1/2 turn to left (LOD)

5-6 Rock back on L, recover on R 7&8 M: Triple step L,R,L in place

7&8 L : Shuffle forward L,R,L side by side.

[17-24] M: 1/4 TURN R STEP in PLACE, 1/4 TURN R STEP FWD, SHUFFLE FWD, 2X WALK, SHUFFLE FWD

[17-24] L: 1/2 TURN L and STEP BACK, STEP BACK, SHUFFLE BACK, 1/2 TURN L and STEP FWD, 1/2 TURN L and STEP BACK, SHUFFLE FWD in 1/2 TURN L

1-2 M: 1/4 turn to right and step R to right side, 1/4 turn to right and step L forward (LOD)

L: 1/2 turn to left and step back on R, step L back (RLOD)

*** Without releasing hands, the man raise all 4 hands over the lady's head.

On count 2 lower hands to form a window (Window's position).

3&4 M: Shuffle forward R,L,R

L: Shuffle back R.L.R.

5-6 M: Walk forward R,L

L: 1/2 turn to left and step forward on L, 1/2 turn to left and step back on R

*** On count 5 the man release the lady's L hand.

On count 6 the man raise both R hands over the lady's head.

7&8 M : Shuffle forward R,L,R

L : Shuffle forward L,R,L in 1/2 turn to left (face LOD)

The partners are now in Reverse Sweetheart position face LOD.

[25-32] M: 2X WALK FWD, MAMBO FWD, ROCK BACK, TRIPLE STEP

[25-32] L: 2 WALK FWD, 1/2 TURN L and SHUFFLE BACK, ROCK BACK, TRIPLE STEP in 1/2 TURN R

1-2 Walk R,L forward

3&4 M: Rock step on R, recover on L, step R together L

L: 1/2 turn to left and shuffle back on R,L,R (RLOD)

5-6 Rock back on L, recover on R

*** On count 5 without releasing hands, the man raise both R hands over the lady's head.

You are now in Double Hand Cross position, R hands on top.

7&8 M: Triple step L,R,L in place

L: Triple step L,R,L in 1/2 turn to right (LOD)

*** On count 7 without releasing hands, the man raise both R hands over the lady's head.

You are now in Sweetheart position face LOD.

[33-40] 2X (CROSS, TOUCH), SHUFFLE FWD DIAGONALY TO L, SHUFFLE FWD DIAGONALY TO R

1-2 Cross step R behind L, point L to left side
3-4 Cross step L behind R, point R to right side
5&6 Shuffle forward R,L,R diagonaly to left
7&8 Shuffle forward L,R,L diagonaly to right

[41-48] M: 1/4 TURN L and SIDE, CROSS, CHASSÉ to R, 1/4 TURN R and 2X WALK FWD, SHUFFLE FWD [41-48] L: 1/4 TURN L and SIDE, CROSS, CHASSÉ to R, 3/4 TURN R and STEP BACK, 1/2 TURN R and STEP FWD, SHUFFLE FWD

1-2 1/4 turn to left and step R to right side, cross step L behind R (ILOD)

*** On count 1 release both L hands and raise R hands over the lady's head.

On count 2 take both L hands on man's back at waist level.

3&4 Chassé R,L,R to right side

5-6 M: 1/4 turn to right and step forward on L, step R forward (LOD)

L: 3/4 turn to right and step back on L, 1/2 turn to right and step forward on R (LOD)

*** On count 5 release both L hands and raise both R hands over the lady's head.

On count 6 return in Sweetheart position.

7&8 Shuffle forward L,R,L

Restart: At the 5th repetition do the first 32 counts and restart from the beginning.

HAVE FUN! - GUY ET NANCY