

# Vuela

拍數: 112      牆數: 0      級數: Phrased Intermediate  
編舞者: Montse Garres (ES) & Miguel Angel Sanjuan (ES) - February 2020  
音樂: Vuela - Bombai



Translation by: Miguel Ángel Sanjuán "Wild West LD&CWD Spain"

Counts: A 64; B 48; 3 Restart; 1° part A count 48 & start part B; 2° part A count 32 & start part B – part B count 32 part B

## PART A:

### [1 – 8]: WEAVE RIGHT, MAMBO CROSS R – L

- 1 & 2 &      Cross LF behind the RF, step right with the RF, cross the LF ahead RF
- 3 & 4      Step RF to the right, cross LF behind the RF, step right with the RF, cross the LF in front of the RF,
- 5 – 6      Mambo RF to the right, cross RF ahead LF.
- 7 & 8      Mambo LF to the left, cross LF ahead RF.

### [9–16]: STEP FWD R, PUT TOGETHER LF & (OPTIONAL ARM STYLING UP & DOWN), HIP ROLL COUNTER CLOCKWISE, X2

- 9 – 10      Step RF fwd, step LF to the RF side.
- 11 & 12      Perform movement with the hip turning to the L. "CCW".
- 13 – 14      Step RF fwd, step LF to the RF side.
- 15 & 16      Make movement with the hip turning to the L. "CCW"

#### OPTIONAL

- 9 – 10      Step RF fwd, step LF to the RF side (raise hands)
- 11 & 12      Perform movement with the hip turning to the L (move hands down)
- 13 – 14      Step RF fwd, step LF to the RF side (raise hands)
- 15 & 16      Perform movement with the hip turning to the L (move hands down)

### [17–24]: WEAVE LEFT, MAMBO CROSS L – R

- 17 & 18 &      Cross the RF behind the L, step LF to the L, cross RF ahead LF
- 19 & 20      Step L with the LF, cross RF from behind LF, step L with the LF, cross the RF in front of the L
- 21 – 22      Mambo LF to the L, cross LF ahead RF
- 23 – 24      Mambo RF to the R, cross RF ahead LF

### [25–32]: STEP FWD R, PUT TOGETHER LF & (OPTIONAL ARM STYLING UP & DOWN), HIP ROLL COUNTER CLOCKWISE, X2

- 25 – 26      Step RF fwd, step LF to the RF side.
- 27 & 28      Perform movement with the hip turning to the L. "CCW".
- 29 – 30      Step RF fwd, step LF to the RF side.
- 31 & 32      Make movement with the hip turning to the L. "CCW".

#### OPTIONAL

- 25 – 26      Step RF fwd, step LF to the RF side (raise hands)
- 27 & 28      Perform movement with the hip turning to the L (move hands down)
- 29 – 30      Step RF fwd, step LF to the RF side (raise hands)
- 31 & 32      Perform movement with the hip turning to the L (move hands down)

### RESTART: 2.- PART A COUNT 32 & START PART B

### [33–40]: ROCKING CHAIR L, SHUFFLE L, ROCKING CHAIR R, SHUFFLE R,

- 33 & 34      Step LF fwd (Rock), step LF behind (Rock),
- 35 & 36      Step LF fwd, step RF together with LF, step LF fwd
- 37 & 38      Step RF fwd (Rock), step RF behind (Rock),
- 39 & 40      Step RF fwd, step LF together with RF, step R fwd

**[41–48]: PADDLE POINTS (L – R) & (ARM UP) (ARM down & out, Airplane)**

- 41&42&43&44 Turning ¼ L point L to L (1), ¼ L point L to L (2), Turning ¼ L point L to L (3), ¼ L point L to L (4)  
45&46&47&48 Turning ¼ R point R to R (5), ¼ R point R to R (6), Turning ¼ R point R to R (7), ¼ R point R to R (8)

**RESTART: 1.- PART A COUNT 48 & START PART B**

**[49–56]: SIDE R TOGETHER, CHASSE R, SIDE L TOGETHER, CHASSE L,**

- 49 – 50 Step RF to the R, join LF together with RF.  
51 & 52 Step RF to the R, join LF to the RF side, step RF to the R  
53 – 54 Step LF to the L, join RF together with LF.  
55 & 56 Step LF to the L, step RF to the L side, step LF to the L

**[57–64]: STEP FWD R ½ TURN L, STEP FWD R ½ TURN L, POINT R – L, TOGETHER L TO R , JUMPING BACKWARD**

- 57 & 58 Step RF fwd, turn ½ turn to the L.  
59 & 60 Step RF fwd, turn ½ turn to the L.  
61 – 62 Mark RF to the R, mark LF to the L.  
63 – 64 Return LF to the RF side, jump with both feet together backwards.

**PART B**

**[1 – 8]: (STEP TOUCH FWD R, STEP TOUCH FWD L (X2) SHIMMY), SWITCHES BACKWARD R – L (X2).**

- 1 – 2 Walking touch RF fwd, walking touch LF fwd. (& moving shoulders fwd and backward)  
3 – 4 Walking touch RF fwd, walking touch LF fwd. (& moving shoulders fwd and backward)  
5 – 6 Walking backwards mark RF, walking backwards mark LF.  
7 – 8 Walking back mark RF, walking back mark LF.

**[9–16]: (STEP TOUCH FWD R, STEP TOUCH FWD L (X2) SHIMMY), SWITCHES BACKWARD R – L (X2).**

- 9 – 10 Walking touch RF fwd, walking touch LF fwd. (& moving shoulders fwd and backward)  
11 – 12 Walking touch RF fwd, walking touch LF fwd. (& moving shoulders fwd and backward)  
13 – 14 Walking backwards mark RF, walking backwards mark LF.  
15 – 16 Walking back mark RF, walking back mark LF.

**[17–24]: HIP BUMB R (X4), VAUDEVILLE R - L**

- 17 – 20 Mark with the right hip (X4)  
21 & 22 Cross LF in front of the R, step RF to the R, mark L heel diagonally to the L, turn LF together RF  
23 & 24 Cross RF in front of the L, step LF to the L, mark heel RF diagonally to the R, return RF together LF

**[25–32]: HIP SPLITS BUMB L (X4), VAUDEVILLE L - R**

- 25 – 28 Mark with the right hip (X4)  
29 & 30 & Cross RF in front of the L, step LF to the L, mark heel RF diagonally to the R, return RF together LF  
31 & 32 Cross LF in front of the R, step RF to the R, mark heel LF diagonally to the L, turn LF together RF

**RESTART: 3.- PART B COUNT 32 & START PART B**

**[33–40]: OUT–OUT (R–L), IN–IN (R–L), SYNCOPATED OUT–OUT (R–L), SYNCOPATED IN–IN (R–L), HIP ROLL COUNTER CLOCKWISE**

- 33 – 34 Open RF fwd diagonally R, open LF fwd diagonally L  
35 – 36 Return to the site on the RF, return to the LF site  
37 & 38& Open RF fwd diagonally R, open LF fwd diagonally L, Return to the site on the RF, return to the LF site  
39 & 40 Movement of the counterclockwise hips. "CCW".

**[41-48]: OUT-OUT (R-L), IN-IN (R-L), SYNCOPATED OUT-OUT (R-L), SYNCOPATED IN-IN (R-L), HIP ROLL COUNTER CLOCKWISE**

- 41 – 42            Open RF fwd diagonally R, open LF fwd diagonally L  
43 – 44            Return to the site on the RF, return to the LF site  
45 & 46 &        Open RF fwd diagonally R, open LF fwd diagonally L, return to site RF and LF  
47 & 48            Movement of the counterclockwise hips "CCW".

**RESTART:**

- \*1.- PART A COUNT 48 & START PART B
- \*2.- PART A COUNT 32 & START PART B
- \*3.- PART B COUNT 32 & START PART B

**SEQUENCE: A – B – A (count 48 & start part B) – B – A (count 32& start part B) – B (count 32 part B) – B – A**

**Enjoy & Have Fun!!!!**

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**Descarga Hoja de Baile / Download Stepsheet**

**English:**

<https://1drv.ms/b/s!Ar8EA8FYPPoQQgVCFz2vTgtS49F5I?e=zrLHqF>

**Español:**

<https://1drv.ms/b/s!Ar8EA8FYPPoQQgU8rVqiTqkQjGXmF?e=QXlzMJ>

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