

Hold My Hand

拍數: 32 牆數: 2 級數: Improver
編舞者: Linedance Bon (KOR) & Bonghee Lee (KOR) - March 2020
音樂: Hold My Hand (손잡아줘요) - Lee Hi (이하이)



Intro : 32 count

Sec1: Toe Strut, Toe Strut, Rock Fwd, Coaster Step

1 2 RF step toe forward drop heel (with hip Bump)
3 4 LF step toe forward drop heel (with hip Bump)
5 6 RF rock forward, recover on LF
7&8 RF step back, LF close next to RF, RF step forward

Sec2: Cross, Side, Cross Shuffle, Side Rock, Behind, Fwd 1/4Turn L, Fwd Step

1 2 LF cross step over RF, RF step to side R
3&4 LF cross step over RF, RF step to side R, LF cross step over RF
5 6 RF rock side to R, Recover onto LF
7&8 RF step Behind LF, 1/4turn L step LF, RF forward (9:00)

Sec3: Rock Fwd, Coaster Step, Syncopated Side Rock, L side Rock

1 2 LF Rock forward, recover on RF
3&4 LF step back, RF close next to LF, LF step forward
5 6& RF rock side to R, recover weight on LF, close RF next to LF
7 8 LF rock side to L, recover onto RF

Sec4: 1/4 Turn L Coaster Step, Toe Strut 1/2 Turn L, Toe Strut 1/2 Turn L, Hip Sway

1&2 1/4 turn L & LF step back (6:00), RF close next to LF, LF step forward
3 4 RF step toe forward, 1/2turn L & RF drop heel (12:00)
5 6 1/2turn L & LF step toe forward, LF drop heel (6:00)
7 8 RF step next to LF & hip sway R.L(in Place)

Tag : 16 counts x 2 after wall 7(6:00)

Sec1: Jazz Box, Pivot 1/2 Turn L, Step, Step

1 2 RF cross over LF, LF step back
3 4 RF step to side R, LF step forward
5 6 RF step forward, pivot 1/2 turn L(12:00)
7 8 RF step forward, LF step forward

Sec2: Side Mambo, Side Mambo, Hip Sway

1&2 RF step to side R, recover on LF, RF step next to LF
3&4 LF step to side L, recover on RF, LF step next to RF
5 6 7 8 Hip sway R.L.R.L(in Place)