

# Twist & Shout

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Betty Lee (CAN) - March 2020  
音樂: Twist and Shout - The Isley Brothers



Intro: 16 counts

**\*\*Restart: During Wall 6, after 24 counts, facing 3:00**

## Section 1: Point, Touch, Twist R,L,R ; Twist L,R,L, Step, Pivot ½

1-2            Point R to R side pushing R hip to R, Touch R next to L with hip return to centre  
3&4           Swivel both heels to R, L, R (weight ends on R)  
5&6           Swivel both heels to L, R, L (Weight ends on L)  
7-8           Step forward R, Pivot ½ Turn L (weight onto L) (6:00)

## Section 2: (Side Shuffle, Back Rock) R&L

1&2           Step R to R side, Step L next to R, Step R to R side  
3-4           Rock Step back on L, Recover onto R  
5&6           Step L to L side, Step R next to L, Step L to L side  
7-8           Rock Step Back on R, Recover onto L

## Section 3: (Toe Struts, Shuffle Back) R&L

1-2           Touch R toe slightly forward to R diagonal, drop down heel  
3-4           Touch L toe slightly forward to L diagonal, drop down heel

**\*\* During Wall 6, Counts 1-4, when Isley Brothers shouting, Place hands on either side of the mouth in a shouting gesture ☐**

5&6           Step Back R to R diagonal, Step L next to R, Step back R (7:30)  
7&8           Step Back L to L diagonal, Step R next to L, Step back L (4:30)

## Section 4: Jazz Box 3/8 R, Side Rock. Cross, Side

1-4           Cross Step R over L, 1/8 Turn R Stepping Back on L (12:00), ¼ Turn R Stepping R to R,  
                 Cross Step L over R (9:00)  
5-8           Rock Step R to R side, Recover to L, Cross Step R over L, Step L to L side

Repeat