Long Hair



編舞者: Betty Chen (TW) - February 2020

音樂: Long Hair (長頭髪) - Phil Chang (張宇)



Intro: 24 Counts - No tag, No restart.

[1-8] Rock Recover Step with Twist Hip, Back Coaster Step, Pivot 1/2 turn, Shuffle Fv	[1-8] Rock Rec	over Step with	Twist Hip.Back	Coaster Step.P	'ivot 1/2 turn.	Shuffle Fwd
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1-2 Rock fwd RF with twist hip , recover on LF with twist hip

3&4 Step RF back, back LF close to RF, step RF fwd

5-6 Step RF fwd, pivot 1/2 turn R

7&8 Step LF fwd, Step RF fwd next to LF, step LF fwd

[9-16] Point Kick, Behind Side Cross, Side Rock Recover, Cross Shuffle

1-2 Point RF next to LF, RF Kick R diagonal fwd

3&4 Step RF behind LF, LF step L, step RF cross over LF

5-6 Rock LF to L, recover on RF

7&8 Cross LF over RF, RF step R, cross LF over RF

[16-24] Point Hold, Close Point Hold, Close Point Hold, Hip Bump

1-2& Point RF to R, Hold, step RF next to LF3-4& Point LF to L, Hold, step LF next to RF

5-6 Point RF fwd, Hold 7&8 Hip bump twice

[25-32] Cross Side Close, Cross Side Close, Jazzbox 1/4 turn R

1-2& Cross RF over LF, LF step L to R diagonal, RF close to LF
3-4& Cross LF over RF, RF step R to L diagonal, LF close to RF
5-8 Cross RF over LF, LF step back 1/4 turn, RF step R, LF step fwd

(P.S. The following changes are also acceptable:

[25-32] Cross Samba L , Cross Samba R, Jazzbox 1/4 turn R

1-2& Cross RF over LF, LF step L, RF step R & weight on RF 3-4& Cross LF over RF, RF step R, LF step L & weight on LF

5-8 Cross RF over LF, LF step back 1/4 turn R, RF step R, LF step fwd)

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Last Update - 1 March 2020