

Sin Perdon

拍數: 32 牆數: 4 級數: Improver
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音樂: Sin Perdón - Hector Acosta (El Torito)



Intro : 32 count

BASIC SIDE STEP BACHATA , HIP BUMP , RECOVERS WITH HIP BUMPS (2x, L R)

1 2 Step RF to R, Close LF to RF
3 4 Step RF to R bumping hip to R , Touch LF to L bumping Hip to L (weight on RF)
5 6 Recover onto LF, Bump Hip to R (weight on LF)
7 8 Recover onto RF, Bump Hip to L (weight on RF)

BASIC SIDE STEP BACHATA , HIP BUMP , RECOVERS WITH HIP BUMP & HITCH (2x, R L)

1 2 Step LF to L, Close RF to LF
3 4 Step LF to L Bumping hip to L , Touch RF to R Bumping Hip to R (weight on LF)
5 6 Recover onto RF, Bump Hip to L (weight on RF)
7 8 Recover onto LF, Hitch RF

TOE TOUCHES, R SAILOR , TOE TOUCHES, L SAILOR

1-2 Touch R toe forward, touch R toe to R
3&4 Cross RF behind LF, step LF to L, step RF to R slightly forward
5-6 Touch L toe forward, touch L toe to L
7&8 Cross LF behind RF, step RF to R, step LF to L slightly forward

ROCKING CHAIR, 1/8 TURN (2x)

1 2 3 4 Rock RF forward, recover onto LF, Rock back on RF, recover onto LF
5 6 Rock RF to R, recover onto LF (at the same time make 1/8 turn L)
7 8 Rock RF to R, recover onto LF (at the same time make 1/8 turn L)

RESTARTS

On wall 5, 9, 11 restart after 28 count

On wall 14 restart after 12 count

ENDING

On wall 17 after 16 count :

Weave with Sweep (2x)

1 2 3 4 Cross RF over LF, step LF to L, cross RF behind LF, sweep LF front to back
5 6 7 8 Cross LF behind RF, step RF to R, cross LF over RF, sweep RF back to front