

Heart Without Scars

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Alessandro Pistilli (IT) - February 2020
音樂: Standing Outside The Fire - Garth Brooks



Start the dance on lyrics

LONG STEP, SLIDE, ROCK BACK, X2

1-2 long step right to right side, slide left beside right
3-4 step left back, recover on right
5-6 long step left to left side, slide right beside left
7-8 step right back, recover on left

TOE HEEL TRAVELING, GRAPEVINE RIGHT, SCUFF

1-2 touch right toe to right side, touch right heel to right side traveling right
3-4 touch right toe to right side, touch right heel to right side traveling right
5-6 step right to right, step left behind right
7-8 step right to right, scuff left

STEP PIVOT ½ TURN RIGHT x2 , STEP SIDE, FLICK & SLAP, STEP SIDE, TAP & CLAP

1-2 step left forward, turn ½ right weight on right
3-4 step left forward, turn ½ right weight on right
5-6 step left to left, touch right toe behind left
7-8 step right on right, tap left toe next right and clap

LOCK STEP FORWARD ¼ LEFT, STOMP UP, KICK BALL CHANGE RIGHT, STEP PIVOT ½ TURN LEFT

1-2 turning ¼ left step left forward, step right behind left
3-4 step left forward, stomp up right next left
5&6 kick right forward, step right next left, step left beside
7-8 step right forward, turn ½ left weight on left.

REPEAT

TAG: 74 counts

On 7° wall at count 28 TURN ½ LEFT (H 12) :

TS1: LONG STEP, SLIDE, ROCK BACK

1-2 long step right to right side, slide left beside right
3-4 step left back, recover on right
5-6 long step left to left side, slide right beside left
7-8 step right back, recover on left

TS2: LONG STEP, SLIDE, ROCK BACK

1-2 long step right to right side, slide left beside right
3-4 step left back, recover on right
5-6 long step left to left side, slide right beside left
7-8 step right back, recover on left

TS3: LONG STEP FORWARD DIAGONAL RIGHT, HOLD, STOMP LEFT, LONG STEP DIAGONAL BACK, HOLD, STOMP RIGHT

1-2 step right diagonal right forward, slide left beside
3-4 hitch left , stomp up left
5-6 step left diagonal back on left, slide right beside
7-8 hitch right , stomp up right

TS4: LONG STEP BACK RIGHT DIAGONAL RIGHT, HOLD STOMP LEFT, LONG STEP LEFT DIAGONAL FORWARD, HOLD STOMP RIGHT

1-2 step right diagonal back, slide left beside
3-4 hitch left, stomp up left
5-6 step left diagonal forward, slide right beside
7-8 hitch right , stomp up right

TS5: HOLD X2

1-2 hold, hold

TS6: GRAPEVINE RIGHT, SCUFF, STOMP LEFT, STOMP RIGHT, CLAP X2

1-2 step right to right, step left behind
3-4 step right to right, scuff left
5-6 stomp left, stomp right
7-8 clap, clap

TS7: GRAPEVINE LEFT, SCUFF, STOMP RIGHT, STOMP LEFT, CLAP X2

1-2 step left to left, step right behind
3-4 step left to left, scuff right
5-6 stomp right, stomp left
7-8 clap, clap

TS8: WALK BACK, TOUCH HEEL LEFT FORWARD , WALK FORWARD FORWARD, SCUFF RIGHT WITH HITCH

1-2 step right back, step left back
3-4 step right back, touch left heel forward
5-6 step left forward, step right forward
7-8 step left forward, scuff right with hitch right

TS9: WALK BACK, TOUCH HEEL LEFT FORWARD , WALK FORWARD FORWARD, SCUFF RIGHT WITH HITCH

1-2 step right back, step left back
3-4 step right back, touch left heel forward
5-6 step left forward, step right forward
7-8 step left forward, scuff right with hitch right

TS10: WALK BACK, TOUCH HEEL LEFT FORWARD , WALK FORWARD FORWARD, SCUFF RIGHT WITH HITCH

1-2 step right back, step left back
3-4 step right back, touch left heel forward
5-6 step left forward, step right forward
7-8 step left forward, scuff right with hitch right
