

Reasons to Run

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Novice
編舞者: Marianne Langagne (FR) - February 2020
音樂: Reasons to Run - Jessi Alexander



Intro: 32 Counts

Restarts : On 5th and 12th walls, after 16 Counts (6o'clock)

[1 – 8] R SIDE, TOUCH, KICK BALL CROSS, SIDE, TOGETHER, TRIPLE ON L ¼ TURN

1 – 2 RF to the R, Touch left next to R
3 & 4 Kick LF, Together, Cross RF over LF
5 – 6 LF to the L, Together
7 & 8 LF to the L, Together, ¼ Turn L-LF FWD

[9 – 16] STEP, TOE BACK , BACK TRIPLE, R.½ - TRIPLE FWD, SIDE ON R.¼ , TOUCH

1 – 2 RF FWD, Touch L Toe behind RF
3 & 4 LF Back, Together, LF Back
5 & 6 ½ Turn R-RF FWD, Together, RF FWD (3o'clock)
7 – 8 ¼ Turn R-LF to the L, Touch (6o'clock)

HERE RESTART – walls 5 and 12

[17-24] R. SIDE, TOGETHER, TRIPLE FWD, L. SIDE, TOGETHER, TRIPLE FWD

1 – 2 RF to the R, Together (weight on LF)
3 & 4 RF FWD, Together, RF FWD
5 – 6 LF to the L, Together (weight on RF)
7 & 8 LF FWD, Together, LF FWD

[25-32] STEP , R ½ TURN, R. ½ TURN-TRIPLE FWD, ROCK STEP, BEHIND SIDE CROSS WITH R. ¼ TURN

1 – 2 RF Fwd, ½ Turn R-LF Back
3 & 4 ½ Turn R-RF FWD, Together, RF FWD (6o'clock)
5 – 6 LF FWD, Return
7 & 8 LF Back, ¼ Turn R-RF to The R, Cross LF over RF (9o'clock)

FINAL : Last wall begins at 6 and ends at count "16" facing 12 noon

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