

# Do or Die

拍數: 32      牆數: 4      級數: Improver  
編舞者: Carol Cotherman (USA) - February 2020  
音樂: Soldier - High Valley



This dance is a tribute to all of my family members, past and present, who served or are serving in our Armed Forces! (This includes my husband, father, brothers-in-law, grandfather, uncles, cousins, and currently 2 nephews. Thank you!)

**#16-count intro. No tags or restarts!**

**Rock, Recover, Ball Step, Step, Step, Rock, Recover, Coaster Step**

1-2&      Rock right forward, recover to left, step right foot beside left  
3-4      Step left forward, step right forward  
5-6      Rock left forward, recover to right  
7&8      Step left back, step right beside left, step left forward

**Step, 1/4 Turn, Cross, Hitch, Touch, Hitch, Step, Point**

1-2      Step right forward, 1/4 pivot turn left taking weight to left  
3-4      Cross right over left, hitch left knee facing left diagonal  
5-6      Touch left slightly behind right, hitch left knee facing left diagonal  
7-8      Step left in place, point right to side (9:00)

**Cross, Side, Behind, 1/4 Turn, Step, 1/2 Turn, 1/4 Turn, Behind**

1-2      Cross right over left, step left to side  
3-4      Cross right behind left with a slight dip, 1/4 turn left stepping left forward  
5-6      Step right forward, 1/2 pivot turn left taking weight to left  
7-8      1/4 Turn left stepping right to side, step left behind right (9:00)

**Side, Cross Rock, Recover, Side, Toe Strut March (2X)**

1-2      Step right to side, cross rock left over right,  
3-4      Recover to right, step left to side  
5-6      Step right ball in place, step right heel down  
7-8      Step left ball in place, step left heel down (9:00)

**Repeat and March on!**

---