

One Of A Kind

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jamie Barnfield (UK) - February 2020
音樂: One Of A Kind - Ronan Keating & Emeli Sandé : (Album: Twenty Twenty - iTunes & Amazon)



Intro: 16 counts - (Count 6,7,8 after the words "Counting down the seconds")

S1: ROCK BACK RECOVER, 1/2, BACK SWEEP, BEHIND SIDE, FWD HITCH, BACK HOOK, STEP, CROSS 1/4 BACK

1-2 Rock back on left, recover on right
a3 1/2 turn right stepping back on left, step back on right sweeping left round, [6:00]
4a5 Cross left behind right, step forward to right diagonal on right, step forward on left whilst hitching right knee [7:30]
6,7 Step back on right whilst hooking left in front of right, step forward on left,
8a Cross right over left, turn 1/8 right stepping back on left

S2: SIDE, ROCK RECOVER, SIDE, 1/4 ROCK BACK RECOVER, LUNGE, RECOVER, TOE TURN, COASTER STEP

1,2a Turn 1/4 step right to right side, rock back on left, recover on right slightly crossed over left [12:00]
3,4a Step left to left side, 1/4 right rocking back on right, recovering on left [3:00]
5,6 Lunge forward on right, recover on left
a7 Touch right toe back, turn 1/2 right (keeping weight on left) [9:00]
8&a Step back on right, close left next to right, step forward on right

S3: WALK FORWARD L, R, L, ROCK RECOVER 1/2, 1/2, STEP BACK, SAILOR STEP X2

1,2,3 Walk forward left, right, left
4&a Rock forward on right, recover on left, 1/2 turn right stepping forward right [3:00]
5, 6 1/2 turn right stepping back on left sweeping right, step back on right sweeping left [9:00]
7&a Cross left behind right, rock right to right side, recover on left
8&a Cross right behind left, rock left to left side, recover on right

Restarts here during walls 1 facing 3:00, 3 facing 9:00

S4: ROCK RECOVER, 1/4 SIDE CLOSE, CROSS 1/4 BACK CLOSE, STEP, FORWARD COASTER, BACK COASTER

1-2 Rock back on left, recover on right
a3 Turn 1/4 right stepping left to left side, close right next to left angled to right corner [12:00]
4a5 Cross left over right, 1/4 left stepping back on right, close left next to right, [9:00]
6 Step forward on right,
7&a Step forward on left, close right next to left, step slightly back on left
8&a Turn 1/8 left stepping back on right, close left next to right, step slightly forward on right [7:30]

S5: DIAMOND FALL AWAY

1-2a Step forward on left, cross right over left, turn 1/4 right stepping back on left [10:30]
3-4a Step back on right, step back on left, turn 1/4 right stepping forward to right [1:30]
5-6a Step forward on left, cross right over left, turn 1/4 right stepping back on left [4:30]
7-8a Step back on right, step back on left, turn 1/4 right stepping forward to right [7:30]

S6: FORWARD, CROSS BACK 1/8, BACK, BEHIND SIDE WALK L, R, PIVOT 1/2, STEP 1/2

1,2a Step forward on left, cross right over left, turn 1/8 right stepping back on left [9:00]
3,4a Step back on right, cross left behind right, step right to right side,
5,6 Step forward on left, step forward on right,

7& Step forward on left, pivot 1/2 right (weight on right) [3:00]

8& Step forward on left, turn 1/2 left stepping back on right [9:00]

ENDING: Dance ALL of section 1 then add 1/4 right stepping forward on right to face front wall. Aaaah!
Last Update - 24 Feb. 2020
