

Cold Without You

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Improver
編舞者: Magali CHABRET (FR) - February 2020
音樂: Cold - James Blunt : (CD: Once Upon A Mind)



Only 3 seconds intro, start on the word "lonely" (it's been lonely)

Thanks to Sylviane for suggesting me this wonderful song

S1 : WALK R/L, OUT OUT IN IN, WALK R/L, OUT OUT IN, CROSS

1-2 Step Rf forward – close Lf next to Rf
&3&4 Step Rf out to right side – step Lf out to left side – step Rf in to centre – close Lf next to Rf
5-6 Step Rf forward – close Lf next to Rf
&7&8 Step Rf out to right side – step Lf out to left side – step Rf in to centre – cross Lf over Rf

S2 : R TRIPLE BACK, BACK ROCK, PIVOT ¼ TURN R, CROSS TRIPLE

1&2 Step Rf back – step Lf beside Rf – step Rf back
3-4 Rock back on Lf – recover onto Rf
5-6 Step Lf forward – pivot 1/4 turn right (3:00)
7&8 Cross Lf over Rf – step Rf to side – cross Lf over Rf

S3 – STEP, TAP, L TRIPLE BACK, TRIPLE ½ TURN R, 1/8 R, SIDE ROCK

1-2 Turn 1/8 right stepping Rf forward – tap Lf behind Rf (4:30)
3&4 Step Lf back – step Rf beside Lf – step Lf back
5&6 Turn 1/4 right stepping Rf to side – step Lf next to Rf – turn 1/4 right stepping Rf forward (10:30)
7-8 Turn 1/8 right stepping Lf to side – recover onto Rf (12:00)

S4 : CLOSE, SIDE STEP, CLOSE, KICK BALL STEP TWICE, PIVOT ½ TURN L

&1-2 Close Lf next to Rf – step Rf to side – step Lf beside Rf
3&4 Kick Rf forward – step ball of Rf beside Lf – step Lf slightly forward
5&6 Kick Rf forward – step ball of Rf beside Lf – step Lf slightly forward
7-8 Step Rf forward – pivot 1/2 turn left (6:00)

S5 : DIAGONAL LOCK STEPS R AND L, CROSS, BACK, R CHASSE

1&2 Step Rf diagonally forward right – step Lf beside Rf – step Rf diagonally forward right
3&4 Step Lf diagonally forward left – step Rf beside Lf – step Lf diagonally forward left
5-6 Cross Rf over Lf – step back on Lf
7&8 Step Rf to side – step Lf beside Rf – step Rf to side

S6 : CLOSE, SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE STEP

&1-2 Close Lf next to Rf – rock Rf to side – recover onto Lf
3&4 Step Rf behind Lf – step Lf to side – cross Rf over Lf
5-6 Rock Lf to side – recover onto Rf
7&8 Step Lf behind Rf – step Rf to side – step Lf forward

*** Restart here, during wall 2, facing 12:00

S7 : MODIFIED HEEL JACK, R ROCKING CHAIR

1&2& Touch right toes next to Lf – step Rf back – touch left heel forward – step Lf in place
3&4& Touch right toes next to Lf – step Rf back – touch left heel forward – step Lf in place
5-8 Rock Rf forward – recover onto Lf – rock back on Rf – recover onto Lf ** Final **

S8 : TRIPLE ½ TURN L, BACK ROCK, TRIPLE ½ TURN R, BACK ROCK

1&2 Turn 1/4 left stepping Rf to side – step Lf beside Rf – turn 1/4 left stepping Rf back (12:00)
3-4 Rock Lf back – recover onto Rf
5&6 Turn 1/4 right stepping Lf to side – step Rf beside Lf – turn 1/4 right stepping Lf back (6:00)
7-8 Rock Rf back – recover onto Lf

Restart : wall 2, dance 48 counts, then restart from the beginning, facing 12:00

Final : wall 6, dance 56 counts (rocking chair) then step right foot forward !

« Croquez la vie à pleines danses ! » Magali Chabret

**Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit -
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