

China Reggaeton

拍數: 48 牆數: 0 級數: Phrased Improver
編舞者: Sophia KSF (MY), KT Toh (MY) & Winnie Lim (MY) - February 2020
音樂: China Reggaeton (feat. Anthony Wong (黃秋生)) - Namewee (黃明志)



SEQUENCE : Intro AABB AAB Tag BBB

Start 10 sec into music

INTRO & TAG (same steps)

Section 1: RF over LF with hands drawing half circle from left to right

1-8 Step RF over LF, bending both legs, stretched out both hands to the left & slowly move both hands to the right, forming half circle

Section 2 : LF over RF with hands drawing half circle from right to left

1-8 Step LF over RF, bending both legs, stretched out both hands to the right & slowly move both hands to the left, forming half circle

Section 3 : Open hands out right then left (free to add own style)

1-4 Open right hand out to right side

5-8 Open left hand out to left

Section 4 : Repeat Section 3

PART A

Section 1 : Press RF forward w 2 body roll, press LF forward w 2 body roll

1 Press toes forward on RF
2& Body Roll
3& Body roll
4 Step RF back next to LF
5 Press toes forward on LF
6& Body roll
7& Body roll
8 Step LF back next to RF

Section 2 : Jazzbox ¼ right, mambo rock right & left

1 Cross RF over LF
2 Step back on LF turning ¼ right, facing 3 O'clock
3 Step RF to right
4 Step LF over RF
5& RF to right (5), LF step in place (&)
6 Close RF to LF
7& LF to left (7), RF step in place (&)
8 Close LF to RF

Section 3 : Cross shuffle to left, point LF to side, cross shuffle to right, point RF to right

1& Cross RF over LF (1), LF step behind RF (&)
2& Cross RF over LF (1), LF step behind RF (&)
3 RF cross over LF
4 LF point to left
5& LF cross over to RF (5), RF step behind LF (&)
6& LF cross over to RF (6), RF step behind LF (&)
7 LF cross over RF
8 RF point to right

Section 4: Paddle ½ turn, point LF to left, point RF to

- 1& RF forward (1), LF in place (&) 1/8 left turn
- 2& RF forward (2), LF in place (&) 1/8 left turn, facing 12 O'clock
- 3& RF forward (3), LF in place (&) 1/8 left turn
- 4 Point RF to right facing 9 o'clock
- 5 Step RF next to LF
- 6 Point LF to left
- 7 Step LF next to RF
- 8 Point RF to right

PART B**Section 1 : Out Out with 4 full hip turn**

- 1 RF diagonal forward
- 2 LF diagonal forward
- 3 Full hip turn anti clockwise w bent knees
- 4 Full hip turn anti clockwise w bent knees
- 5 Full hip turn anti clockwise w bent knees
- 6 Full hip turn anti clockwise w bent knees
- 7 Chest pump w right hand on chest
- 8 Chest pump w right hand on chest

Section 2 : Basic forward Cha Cha, ½ turn to right, left coaster step

- 1 Step RF back
- 2 Step on LF in place
- 3&4 RF forward (3), LF behind RF (&), step RF forward (4)
- 5 LF forward
- 6 RF back with ½ turn right
- 7&8 LF step back (7), RF step back together with LF (&), LF step forward (8)

Finishing Steps :

- 1 RF forward
 - 2 LF back with ½ turn right
 - 3 Step RF next to LF
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