

Blow the Trumpet

COPPERKNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Phrased Advanced
編舞者: Niels Poulsen (DK) & Shane McKeever (N.IRE) - February 2020
音樂: Trumpets (feat. Sean Paul) (Radio Mix) - Sak Noel & Salvi : (iTunes etc)



Intro: Start after 16 counts. Start with weight on L

Tag: Comes only once, after your 2nd B, facing 12:00. Tag description, see below

Sequence: A, A, B, B, Tag, A, A (16), restart, B, B, B, A, Ending

A – 32 counts, 2 walls Counts

[1 – 8] Chug turns $\frac{1}{4}$ L, roll hips, chug turns $\frac{1}{2}$ R, roll hips

- 1&2 Turn $\frac{1}{8}$ L rocking R to R side (1), recover onto L (&), turn $\frac{1}{8}$ L rocking R to R side (2) 9:00
3 – 4 With weight on R roll hips a full circle L (3), repeat hip roll L (4) ... Styling: place both fists on your hips 9:00
5&6 Turn $\frac{1}{4}$ R rocking L to L side (5), recover onto R (&), turn $\frac{1}{4}$ R rocking L to L side (6) 3:00
7 – 8 With weight on L roll hips a full circle R (7), repeat hip roll (8) ... Styling: place both fists on your hips 3:00

[9 – 16] R rock recover, R coaster step, step $\frac{1}{4}$ R, cross shuffle 3:00

- 1 – 2 Rock R fwd (1), recover back on L (2) ... 3:00

Styling for wall 1 only: when rocking R fwd bend R knee as you body roll leaning fwd at a 90 degree angle (1), recover back on L as you body roll from head to hips (2)

- 3&4 Step back on R (3), step L next to R (&), step fwd on R (4) 3:00
5 – 6 Step L fwd (5), turn $\frac{1}{4}$ R onto R (6) 6:00
7&8 Cross L over R (7), step R to R side (&), cross L over R (8) ... 6:00

Note: During 4th A you start your B section here changing the steps to 'Cross rock, recover, side L', facing 12:00

[17 – 24] Point R, touch R, point R, step R tog., L heel ball step, point L, touch L, point L, step L tog., R heel ball step

- 1&2& Point R to R side (1), touch R next to L (&), point R to R side (2), step R next to L (&) 6:00
3&4 Touch L heel fwd (3), step back on ball of L (&), step fwd on R (4) 6:00
5&6& Point L to L side (5), touch L next to R (&), point L to L side (6), step L next to R (&) 6:00
7&8 Touch R heel fwd (7), step back on ball of R (&), step fwd on L (8) 6:00

[25 – 32] Rock R fwd, recover, full triple R, step L out to L side, slap thighs, body roll upwards

- 1 – 2 Rock fwd on R (1), recover back on L (2) 6:00
3&4 Turn $\frac{1}{2}$ R stepping fwd onto R (3), step L next to R (&), turn $\frac{1}{2}$ R crossing R slightly over L (4) ... (= basically it's just a full triple turn on the spot...) 6:00
5 – 6 Step L to L side (5), bend in knees and slap your thighs and leaving hands on thighs (6) 6:00
7 – 8 Start to straighten knees sliding hands up the sides of body (7), straighten knees and finish sliding hands up over your head (8) ... (option: do a body roll from down and up) 6:00

B – 32 counts, 2 walls Counts

[1 – 8] Blow the trumpet to R&L sides, hitch & walk R&L w. thigh slaps R&L, step $\frac{1}{2}$ L

- 1&2& Bounce back on L popping R knee (1), recover onto R (&), bounce back on L popping R knee (2), recover onto R (&) ... 12:00

ARMS: extend R arm up to R diagonal with palm of R hand open (1), pull R hand back to L hand (&), extend R arm up to R diagonal with palm open (2), pull R hand back to L hand (&)

- 3&4& Bounce back on R popping L knee (3), recover onto L (&), bounce back on R popping L knee (2), recover onto L (&) ... ARMS: extend L arm up to L diagonal with palm L hand open (3), pull hand back to R hand (&), extend L arm up to L diagonal with palm open (4), pull L hand back to R hand (&) 12:00

5&6& Hitch R knee slapping both sides of R knee with both hands (5), walk R fwd (&), hitch L knee slapping both sides of L knee with both hands (6), walk L fwd (&) 12:00
7 – 8 Step R fwd (7), turn ½ onto L (8) 6:00

[9 – 16] Blow the trumpet to L&R sides, hitch & walk L&R w. thigh slaps L&R, step ¼ R

1&2& Bounce back on R popping L knee (1), recover onto L (&), bounce back on R popping L knee (2), recover onto L (&) ... 6:00

ARMS: extend L arm up to L diagonal with palm L hand open (1), pull L hand back to R hand (&), extend L arm up to L diagonal with palm open (2), pull L hand back to R hand (&)

3&4& Bounce back on L popping R knee (3), recover onto R (&), bounce back on L popping R knee (2), recover onto R (&)... 6:00

ARMS: extend R arm up to R diagonal with palm of R hand open (3), pull R hand back to L hand (&), extend R arm up to R diagonal with palm open (4), pull R hand back to L hand (&)

5&6& Hitch L knee slapping both sides of L knee with both hands (5), walk L fwd (&), hitch R knee slapping both sides of R knee with both hands (6), walk R fwd (&) 6:00

7 – 8 Step L fwd (7), turn ¼ R onto R (8) 9:00

[17 – 24] L samba step, R samba step, L cross & side rock, weave 1/8 L sweep

1&2 Cross L over R (1), rock R to R side (&), recover onto L (2) 9:00

3&4 Cross R over L (3), rock L to L side (&), recover onto R (4) 9:00

5&6& Cross rock L over R (5), recover back on R (&), rock L to L side (6), recover on R (&) 9:00

7&8 Cross L over R (7), step R to R side (&), turn 1/8 L stepping L behind R with a R sweep (8) 7:30

[25 – 32] Behind ¼ L, mambo step together, volta ¾ turn L, 1/8 L out out RL

1 – 2 Cross R behind L (1), turn ¼ L stepping L fwd (2) 4:30

3&4 Rock R fwd (3), recover back onto L (&), step R next to L (4) 4:30

5&6&7 Turn ¼ L crossing L over R (5), step R to R side (&), turn ¼ L crossing L over R (6), step R to R side (&), turn ¼ L crossing L over R (7) 7:30

&8 Turn 1/8 L stepping R to R Side (&), step L to L Side (8) ... (weight on L) ... Note: bring both hands up to mouth with palms facing away to be ready to do the trumpet move □ 6:00

TAG – 16 counts, after 2nd B, facing 12:00 1 – 16

R out, hold 3 counts, paddle turn turn L over 8 counts, R rocking chair

1 – 4 Step R out (1), hold for 3 counts making sure you change your weight to L foot (2–4) 12:00

5 – 12 Step R fwd (5), turn ¼ L (6), step R fwd (7), turn ¼ L (8), step R fwd (9), turn ¼ L (10), step R fwd (11), turn ¼ L (12)... Styling: roll your hips on each ¼ turn 12:00

13 – 16 Rock R fwd (styling: rolling body fwd) (13), recover back on L (16), rock R back (17), recover fwd to L again (18) 12:00

AMENDMENT of the last 3 counts of A (only the first time you go from A to B) 6 – 8

R&L hip punches, both hands to mouth, turn body to R diagonal

6&7 Punch R fist to R hip (6), punch L fist to L hip (&), bring both hands up to mouth with palms facing away (7) 12:00

8 Open body to R diagonal leaving hands in position (8) 12:00

ENDING (Do your last A, starts facing 6:00. Do counts 1-29, now facing 12:00) 6 – 8(1)

[6 – 8(1)] R&L hip punches, both hands to mouth, body turn, blow the trumpet move to R diag.

6&7 Punch R fist to R hip (6), punch L fist to L hip (&), bring both hands up to mouth with palms facing away (7) 12:00

8 – 1 Open body to R diagonal leaving hands in position (8), lean body back extending R arm up to R diagonal with palm of R hand open (1) 12:00

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