Dancing With a Memory



拍數: 32 牆數: 2 級數: Easy Improver

編舞者: Heidi Cronjé (SA) - February 2020

音樂: Turn It On, Turn It Up, Turn Me Loose - Dwight Yoakam: (3:25)



Intro: 8 counts (start on lyrics)

SECTION 1: 1/4 L COASTER STEP, R KICK BALL CHANGE, 1/2 L MAMBO STEP, FWD COASTER STEP

Turn 1/4 L and step L back, Step R together, Step L fwd (09:00)
Kick R fwd, Step R slightly back (ball of foot), Step L in place
Step R fwd, Turn 1/2 L and recover L, Step R fwd (03:00)

7&8 Step L fwd, Step R together, Step L back

SECTION 2: R ROLLING VINE, CROSS, ROCK, RECOVER, VAUDEVILLE X 2

1&2 Turn 1/4 R and step R fwd, Turn 1/4 R and step L side, Turn 1/2 R and step R side (03:00)

3&4 Cross L over R, Rock R side, Recover L

5&6& Cross R over L, Step L side, Touch R heel to R diagonal, Step R together 7&8& Cross L over R, Step R side, Touch L heel to L diagonal, Step L together

SECTION 3: 1/4 R VINE, BACK LOCK STEP, BACK MAMBO STEP, FWD LOCK STEP

1&2 Cross R over L, Step L side, Turn 1/4 R and step R back (06:00)

3&4 Step L back, Lock R over L, Step L back
5&6 Rock R back, Recover L, Step R fwd
7&8 Step L fwd, Lock R behind L, Step L fwd

SECTION 4: RUMBA BOX, BACK COASTER STEP, L KICK BALL CHANGE

1&2 Step R side, Step L together, Step R fwd

*** Restart during walls 2 (12:00) and 7 (06:00)

3&4 Step L side, Step R together, Step L back

*** Restart during wall 5 (06:00) - Step Change: Replace "Step L back" with "Touch L next to R"

5&6 Step R back, Step L together, Step R fwd

7&8 Kick L fwd, Step L slightly back (ball of foot), Step R in place

Start Again. Have fun and Enjoy!

Restarts x 3

During Walls 2 (12:00) & 7 (06:00) after Section 4, count 2

During Wall 5 (06:00) after Section 4, count 4 (step change) - Replace Step L back (C4)with Touch L next to R

Ending: Section 2, Counts 5&6 (09:00), Turn R while doing vaudeville to face 12:00

This dance is dedicated to one of my friends, Christa Uys, whom I met years ago through line dancing. She is a light-footed dancer and will do justice to this dance.

Contact - email: linedanceriversdal@gmail.com