My Home Town 2020



拍數: 32 牆數: 4 級數: Improver

編舞者: Eva Pau (CAN) - February 2020 音樂: My Home Town - Paul Anka



STOMP, TWIST 1/4 L, L COASTER STEP, FWD LOCK STEP, STEP PIVOT 1/4 R

1-2 Stomp R in place, twist both feet 1/4 L weight on R

3&4 Step L back, step R together, step L forward

5&6 Forward lock step R L R7-8 Step L forward, pivot 1/4 R

CROSS, SIDE, BEHIND SIDE FWD, HIP BUMP R, 1/2 L HIP BUMP L

1-2& Cross L over R, step R to side, step L behind R

3-4 Step R to side, step L forward

5&6 Hip R forward, recover to L, hip R forward weight on R
7&8 1/2 L hip L forward, recover to R, hip L forward weight on L

KICK BALL CROSS X2, SIDE ROCK, SAILOR STEP

1&2 Kick R diagonally forward, step in place, cross L over R

3&4 Repeat the above

5-6 Rock R to R, recover to L

7&8 Step R behind L, step L to side, step R to R

FWD, TOUCH, STEP, BACK ROCK, STEP PIVOT 1/2 R, STEP 1/4 R, FLICK

1-2& Step L forward, touch R behind L, step R in place

3-4 Rock L back, recover to R5-6 Step L forward, pivot 1/2 R

7-8 Step L forward 1/4 R weight on L, flick R behind L