

Mama Do

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Lu Olsen (AUS) - February 2020
音樂: Mama Do (Uh Oh, Uh Oh) - Pixie Lott : (iTunes)



Short intro start on vocals after the (Oh, Oh, Oh Oh) Ver: 1.01

[1 – 8] Sassy Fwd, Sassy Fwd, R Lock shuffle fwd, Fwd, ¼ Side, Cross Shuffle

1, 2, 3 & 4 Walk R fwd, Walk L fwd, Step R fwd, Lock L behind R, Step R fwd,
5, 6, 7 & 8 Step L fwd, ¼ Right turn & step R to Right, Cross Shuffle L over R stepping L,R,L 3.00

[9 – 16] Fwd, Recover, Rock back, In place, Fwd, ¼ pivot, Lock shuffle fwd

1, 2, 3, 4 Rock R fwd, Rock L in place, Rock R back, Rock L in place, 3.00
5, 6 Step R fwd, ¼ Left pivot turn (wght on L) 12.00
7 & 8 (R Lock shuffle fwd): Step R fwd, Lock L behind R, Step R fwd 12.00

[17 - 24] Cross, Side, Tog, Cross, Side, ¼ Side, Hold, Tog, Side, Fwd

1, 2 & Cross L over R, Step R to Right, Step L beside R, 12.00
3, 4 #, Cross R over L, Step L to Left #
5, 6 & 7, 8 ¼ Right turn & step R to Right, Hold, Step L beside R, Step R to Right, Step L fwd, 3.00

[25 – 32] Scuff, Touch out, Cross, Touch fwd diag, Behind, ½ fwd, L lock shuffle fwd

1, 2, 3, 4 Scuff R out to Right, Touch R toe to Right, Cross R over L, Touch L toe fwd L45 3.00
5, 6, Step L back, 1/2 Right turn & step R fwd, 9.00
7 & 8 ** Step L fwd, Lock R behind L, Step L fwd, **

**** Wall 4 – change count 6 to ¼ Right turn & step R fwd 7&8 L lock shuffle fwd -restart to 12.00)**

[33 – 40] ¼ Side, Touch tog, Side, ¼ Touch fwd, Back, ½ Fwd, ¼ turn & side shuffle

1, 2, 3, ¼ Left turn & step R to Right, Touch L beside R, Step L to Left, 6.00
4, 5, 6 ¼ Right turn & touch R toe slightly fwd, Step R back, ½ Left turn & step L fwd, 3.00
7 & 8 ¼ Left turn side shuffle to Right stepping R, L, R 12.00

[41 – 48] Behind, Side, Cross, In place, ¼ fwd, ¼ back, ½ L shuffle fwd

1, 2, 3, 4 Step L behind R, Step R to Right, Cross L over R, Step R in place 12.00
5, 6 ¼ left turn & step L fwd, ¼ Left turn & step R back, 6.00
7 & 8, ½ Left turning & shuffle fwd L, R, L 12.00

[49 – 56] Fwd 45, Touch/click, Fwd 45, Touch/click, Back, Fwd, Back, ¼ L turn side shuffle

1, 2, Step R fwd at R45, Touch L beside R/click fingers,
3, 4, Step L fwd at L45, Touch R beside L/click fingers, 12.00
& 5, 6, Step R back, Step L fwd, Rock R back 12.00
7 & 8 ¼ left turn & side shuffle to left stepping L, R, L 9.00

[57 – 64] Push fwd, Rock back, ½ turn fwd, Tog, Push fwd, Rock back, ¼ turn fwd, Fwd

1, 2, 3, 4 Rock/Push R fwd, Rock L back, ½ Right turn & step R fwd, Step L beside R, 3.00
5, 6, 7, 8 Rock/Push R fwd, Rock L back, ¼ Right turn & step R fwd, Step L fwd, 6.00

Tag: 8 count (12.00) at End of WALL 2:

1, 2 3 ,4 Cross R over L, Touch L toe to Left, Cross L over R, Touch R toe to Right,
5, 6, 7, 8 Cross R over L, Step L back, Step R to Right, Cross L over R

Short Wall: WALL 4 **(6.00)

**** Wall 4 – Dance to count 32 change count 30 to ¼ Right turn & step R fwd 31&32 L lock shuffle fwd -**

Restart to 12.00)

Last Wall (7) 12.00 Dance to count 20 # add count 21 Stomp R to Right, (to finish to front)

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