

A Road Less Traveled

拍數: 64 牆數: 2 級數: Intermediate

編舞者: Ron Tate (UK) - February 2020

音樂: Road Less Traveled - Lauren Alaina : (CD: Road Less Traveled - iTunes & Amazon)



Count in: Start on vocals, Count 8 (approx 4 seconds)

Tags/Restarts: 1 Restart after count 48 (Section 6) during wall 2. You will be facing the 6 o'clock wall.

Syncopated Toe Touches, Step Forward, Rock Steps, Full Shuffle Turn Or Coaster

- 1 Touch (R) Toe Across (L)
- & 2 Step Slightly Back On (R) & Touch (L) Across (R)
- & 3 Step Slightly Back On (L) & Touch (R) Across (L)
- & 4 Step (R) Next To (L) & Step Forward (L)
- 5 - 6 Rock Forward (R), Rock Back (L)
- 7 & 8 Full Shuffle Turn (R) - Stepping (R L R) Or Step Back (R), Step (L) Next To (R), Step Forward (R)

Rock Steps, Coaster, Rock Steps, $\frac{3}{4}$ Shuffle Turn

- 1 - 2 Rock Forward (L), Rock Back (R)
- 3 & 4 Step Back (L), Step (R) Next To (L), Step Forward (L)
- 5 - 6 Rock Forward (R), Rock Back (L)
- 7 & 8 Shuffle $\frac{3}{4}$ Turn (R) - Stepping (R L R) 9 O'clock

NB. Dance ends at this point. To finish facing front change the $\frac{3}{4}$ turn to a $\frac{1}{2}$ turn on counts 7 & 8 and step forward (L)

Cross, Side, Behind & Heel, & Cross, Side, Behind & Heel

- 1 - 2 Cross (L) Over (R), Step (R) To Side
- 3 & 4 Cross (L) Behind (R), Step (R) To Side & Touch (L) Heel To Diagonal
- & 5 - 6 Step (L) Next To (R) & Cross (R) Over (L), Step (L) To Side
- 7 & 8 Cross (R) Behind (L), Step (L) To Side & Touch (R) Heel To Diagonal

Step, Cross, Turn, Shuffle Turn, Rock Steps, (2x) $\frac{1}{2}$ Turns Back (or) 2 x Walks Back

- & 1 - 2 Step (R) Next To (L) & Cross (L) Over (R), Make A $\frac{1}{4}$ Turn (L) Stepping Back On (R) 6 O'clock
- 3 & 4 Shuffle $\frac{1}{2}$ Turn (L) - Stepping (L R L) 12 O'clock
- 5 - 6 Rock Forward (R), Rock Back (L)
- 7 - 8 Make A $\frac{1}{2}$ Turn (R) Stepping Forward (R), $\frac{1}{2}$ Turn (R) Stepping Back (L) Or Walk Back (R) (L)

Rock Steps, Kick-Ball- Step, Step, Turn, Cross Shuffle

- 1 - 2 ROCK BACK (R), ROCK FORWARD (L)
- 3 & 4 KICK (R) FORWARD, STEP DOWN on (R) & STEP FORWARD (L)
- 5 - 6 STEP FORWARD (R), PIVOT $\frac{1}{4}$ TURN (L) 9 o'clock
- 7 & 8 CROSS (R) over (L), STEP (L) to SIDE, CROSS (R) over (L)

Point, Turn, Rock Steps, Chasse, Sailor Turn

- 1 - 2 Point (L) Toe To Side, Make A $\frac{1}{2}$ Spin Turn (L) Stepping (L) To Side - 3 O'clock
- 3 - 4 Cross Rock (R) Over (L), Rock Back (L)
- 5 & 6 Step (R) To Side, Step (L) Next To (R), Step (R) To Side
- 7 & 8 Cross (L) Behind (R) Making A $\frac{1}{4}$ Turn (L), Step (R) To Side, Step (L) In Place - 12 O'clock

RESTART: Occurs once only during Wall 2. You will be facing the 6 o'clock wall.

Cross, Side, Behind, Side, Cross, Side, Turn, Shuffle

- 1 - 2 Cross (R) Over (L), Step (L) To Side
- 3 & 4 Cross (R) Behind (L) & Step (L) To Side, Cross (R) Over (L)
- 5 - 6 Step (L) To Side, Make A $\frac{1}{4}$ Turn (R) - Stepping (R) To Side - 3 O'clock
- 7 & 8 Step Forward (L), Step (R) Next To (L), Step Forward (L)

Full Turn, Jazz Box Turn, 2x Walks Forward

- 1 Step Forward (R) Making A $\frac{1}{2}$ Turn (L) - Stepping Back (R)
- 2 On Ball Of (R) Make A $\frac{1}{2}$ Turn (L) - Stepping Forward (L)
- 3 - 4 Cross (R) Over (L), Step Back (L)
- 5 - 6 Step (R) To Side Making A $\frac{1}{4}$ Turn (R), Step Forward (L) - 6 O'clock
- 7 - 8 Walk Forward (R), Walk Forward (L)

REPEAT STEPS

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