

I'm Alive

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Pipit Noviantini (INA) - February 2020
音樂: I'm Alive - Céline Dion



INTRO : 24 COUNT

RESTARTS :-

In wall 3 after 8 counts, (restart the dance 03.00) In wall 6 after 8 counts (restart the dance 06.00)

In wall 9 after 16 counts + TAG 4 C (step R to right side, extending your arms out and up (12.00))

SECTION I. WALK R, L, SUFFLE WFD, ROCK FWD, 1/4 TURN L SAILOR STEP

1-2 Walk fwd R-L
3&4 Step R fwd (3) step L next to right (&) step R fwd (4)
5-6 Rock L fwd (5) recover on R (6)
7&8 1/4 turn left, step L behind right (7) step R beside left (&) step L to left side (8) (09.00)

SECTION II. CROSS SAMBA, JAZZ BOX

1&2 Cross R over left (1) rock L to left side (&) recover on R (2)
3&4 Cross L over right (3) rock R to right side (&) recover on L (4)
5-6 Cross R over left (5) 1/4 turn R, step back on left (6)
7-8 Step R to right side (7) step L fwd (8) (12.00)

SECTION III. FWD RECOVER, BACK, COASTER STEP, 3/4 VOLTA TURN OVER RIGHT

1&2 Rock R fwd (1) recover on L (&) step R back (2)
3&4 Step L back (3) step R beside left (&) step L fwd
5&6& Step on right (5) L toe behind (&) step on right (6) L toe behind (&)
7&8 Step on right (7) L toe behind (&) step on right (8) (09.00)

SECTION IV. SIDE, RECOVER, BEHIND, FWD, FWD, PIVOT 1//2, PIVOT 1/4

1-2 Rock L side (1) recover on R (2)
3&4 Step L behind right (3) 1/4 turn R, step R fwd (&) step L fwd (4)
5-6 Step R fwd (5) 1/2 turn L, weight on left (6)
7-8 Step R fwd (7) 1/4 turn L, weight on left (8)

ENJOY THE DANCE!

Submitted by - Mitha Primasari: pietllow@yahoo.com