

Bam Digi Bam

拍數: 32 牆數: 2 級數: Beginner New Line
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音樂: Bam digi bam - Karl Wine : (Single)



Intro : 16 counts

[1-8] RUMBA BOX WITH TRIPLES

1-2 Step R to R side, Step L next to R
3&4 Step R to R side, Step L next to R, Step R forward
5-6 Step L to L side, Step R next to L
7&8 Step L to L side, Step R next to L, Step back L

[9-16] BACK STEPS, COASTER STEP, L & R MAMBO

1-2 Step back R & L
3&4 R Coaster Step (= Step Back R, Step L next to R, Step R forward)
5&6 L Mambo forward
7&8 R Mambo backward

[17-24] V-STEP, R & L SHUFFLE

1-2 Step L to L diagonal "Out", Step R to R side "Out"
3-4 Step back L "In", Touch R next to L
5&6 R Triple Step to the R diagonal
7&8 L Triple Step to the L diagonal

[25-32] ROCKING CHAIR, ½ TURN LEFT WITH STEP, TOUCH, STEP, TOUCH (x2)

1-2 Rock R forward, Recover on L
3-4 Rock R back, Recover on L
5& Step R to R diagonal, 1/8 turn L and Touch L next to R 10:30
6& Step L to L diagonal, 1/8 turn L and Touch R next to L 9:00
7& Step R to R diagonal, 1/8 turn L and Touch L next to R 7:30
8& Step L to L diagonal, 1/8 turn L and Touch R next to L 6:00

REPEAT & ENJOY YOUR DANCE

Convention : R = Right :: L = Left :: Fw = Forward

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