

You Girl

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Daniel Trepát (NL) - October 2014
音樂: You Girl (feat. Ne-Yo) - Shaggy



Intro: 16 counts from first beat in music (app. 14 sec. into track)

[1 – 8] Side R, Touch, Side L, Touch, Syncopated diagonal back touches

- 1 – 2 Step R to R side (1), Touch L Next to R (2) 12:00
- 3 – 4 Step L to L side (3), Touch R Next to L (4) 12:00
- 5&6& Step R diagonal R back (5), Touch L next to R (&), Step L diagonal L back (6), Touch R next to L (&) 12:00
- 7&8& Step R diagonal R back (7), Touch L next to R (&), Step L diagonal L back (8), Touch R next to L (&) 12:00

[9 – 16] Side, Rockstep, ¼ turn R, Side, Rockstep, Fwd touch & ¼ turn L touch 2x

- 1 – 2& Step R to R side (1), Rock L back (2), Recover on R (&) 12:00
- 3 – 4& ¼ turn R stepping L to L side (3), Rock R back (4), Recover on L (&) 3:00
- 5&6& Step R fwd (5), Touch L next to R (&), ¼ turn L stepping L to side (6), Touch R next to L (&) 12:00
- 7&8& Step R fwd (7), Touch L next to R (&), ¼ turn L stepping L to side (8), Touch R next to L (&) 9:00

[17 – 24] Step fwd, Touch back, Step back, Touch Fwd, Syncopated Jazzbox, ¼ turn L, Touch

- 1 – 2 Step R forward (1), Touch L back (2) 9:00
- 3 – 4 Step L back (3), Touch R forward (4) 9:00
- 5&6& Cross R over L (5), Step L back (&), Step R to R side (6), Cross L over R (&) 9:00
- 7&8 Step R back (7), ¼ turn L stepping L to L side (&), Touch R next to L (8) 6:00

[25 – 32] Side R, Touch L, 2x Knee roll, Ball cross, Walking a ¾ turn L (L-R-L)

- 1 – 2 Step R to R side (1), Touch L to L side (2) 6:00
- 3 – 4 Roll L Knee counter clockwise (3), Repeat count 3 (4) 6:00
- &5 – 6 Step L on ball next to R (&), Cross R over L (5), ¼ turn L stepping L fwd (6) 3:00
- 7 – 8 ¼ turn L stepping R fwd (7), ¼ turn L stepping L fwd (8) 9:00

Begin again!