

I Know I Love You

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Michele Perron (CAN) - February 2020
音樂: Heart Is Right - Carlene Carter



Music Selections:

“Heart Is Right” by Carlene Carter 150 bpm (3:20 minutes)

Introduction: 32 Counts

One Restart on second wall/rotation. Restart occurs facing 9 o'clock wall

Album: Little Love Letters (Country)

“Unbelievers” by Vampire Weekend 155 bpm (3:22 minutes)

Introduction: 32 Counts, begin on lyrics

One Restart on fourth wall/rotation. Restart occurs facing 3 o'clock. Restart occurs at first instrumental section.

Album: Unbelievers; Modern Vampires of the City (Indie & Alternative)

“Holly Jolly Christmas” by Faith Hill 150 bpm (2:18 minutes)

Introduction: 32 Counts

One Restart on second wall/rotation. Restart occurs facing 9 o'clock wall

Album: Joy To The World (Christmas)

CW Rotation,

Sec. I (1- 8) HEEL, HOOK, TRIPLE FORWARD, FORWARD, KICK, BACK, TAP

1,2 RIGHT Heel Dig forward, RIGHT Hook/Up across front of L shin
3,&,4 RIGHT Triple Steps forward
5,6 LEFT Step forward, RIGHT Kick forward
7,8 RIGHT Step back, LEFT Toe/Tap back

Sec. II (9-16) TRIPLE FORWARD, FORWARD, TURN, ACROSS, SIDE, BEHIND, KICK

1,&,2 LEFT Triple Steps forward
3,4 RIGHT Step forward, Turn 1/4 L with LEFT Step side L (9 o'clock)
5,6,7,8 RIGHT Step across front of L, LEFT Step side L, RIGHT Step crossed behind R, LEFT Kick forward

Sec. III (17-24) TRIPLE BACK, TRIPLE BACK, WALK-WALK-WALK (BACK), HOLD/CLAP

1,&,2 LEFT Triple Steps back
3,&,4 RIGHT Triple Steps back
5,6,7,8 LEFT, RIGHT, LEFT Steps back, HOLD/Clap

Sec. IV (25-32) ACROSS, TURN, BACK, DIG, FORWARD, TURN, BACK, DIG

1,2,3,4 RIGHT Step forward & across front of L, Turn 1/4 R with LEFT Step back (12 o'clock)
3,4 RIGHT Step back, LEFT Heel/Dig forward
5,6 LEFT Step forward, Turn 1/4 L with RIGHT Step side R (9 o'clock)
7,8 Turn 1/4 L with LEFT Step back, RIGHT Heel/Dig forward (6 o'clock)

****RESTART****

Sec. V (33-40) BACK, TOUCH, TOGETHER, TOUCH, TOGETHER, TOUCH, HOLD, CLAP, CLAP

1,2,3,4 RIGHT Step back, LEFT Toe/Touch side L, LEFT Step beside R, RIGHT Toe/Touch side R
5,6 RIGHT Step beside L, LEFT Toe/Touch side L
7,&,8 HOLD, Clap, Clap (reaching to the right)

Sec. VI (41-48) TRIPLE ACROSS, SIDE, SCUFF: REPEAT

1,&,2 LEFT Triple Steps across front of R, (travel R)
3,4 RIGHT Step side R, LEFT Heel Scuff across front of R

5,&,6 LEFT Triple Steps across front of R, (travel R)
7,8 RIGHT Step side R, LEFT Heel Scuff across front of R

Sec. VII (49-56) FORWARD-BACK, BACK-FORWARD (Rocking Chair), FORWARD, TURN, FORWARD, TURN

1,2 LEFT Rock/Step across front of R, RIGHT Recover/Step back (facing corner) (7:30 o'clock)
3,4 LEFT Rock/Step diagonal L back, RIGHT Recover/Step forward (facing corner) (7:30 o'clock)
5,6 Turn 1/8 R with LEFT Step forward, Turn 1/4 R with RIGHT Step side R (12 o'clock)
7,8 LEFT Step forward, Turn 1/4 R with RIGHT Step side R (3 o'clock)

Sec. VIII (57-64) ACROSS, BACK, SIDE, TOUCH, (Jazz Box), OUT, OUT, IN, TOGETHER

1,2 LEFT Step across front of R, RIGHT Step back
3,4 LEFT Step side L, RIGHT Toe/Touch beside L
5,6,7,8 RIGHT Step to side R, LEFT Step to side L, RIGHT Step side L, (In), LEFT Step beside R

Begin Again

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