

Rio de la Luna Cha

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Michele Perron (CAN) - February 2020
音樂: Moon River - Ben E. King



Music Selections: Cha Cha Cha

"Moon River" by Ben E. King 104 bpm (2:55 minutes)

Introduction: 16 Counts

Albums: Ben E. King Collection, Vol 2 (Remastered Best Collection), The Ultimate Collection

Christmas Selection:

"Last Christmas" by Kimberly Locke 101 bpm

Introduction: 32 Counts

Album: Christmas

Country Selection:

"Rose Coloured Frames" by Mariel Buckley 108 bpm

Introduction: Immediate

Album: Driving In The Dark

Downloads for all selections: amazon, iTunes

No Tags, No Restarts - CCW Rotation,

(Sec. 1) FORWARD, SWEEP, FORWARD, R CHA CHA FORWARD, FORWARD, TURN, ACROSS-BACK-SIDE

1,2,3 RIGHT Step forward, LEFT Toe/Sweep from back to front, LEFT Step forward
4,&,5 RIGHT Cha Cha Cha forward (R forward, L beside, R forward)
6,7 LEFT Step forward, Turn 1/4 R with RIGHT Step side R (3 o'clock)
8,&,1 LEFT Step across front of R, RIGHT Step back, LEFT Step side L

(Sec. 2) ACROSS-BACK-SIDE, TURN-TURN-ACROSS, SIDE, TOGETHER, CHA CHA SIDE

2,&,3 RIGHT Step across front of L, LEFT Step back, RIGHT Step side R
4,&,5 Turn 1/4 R with LEFT Step forward, Turn 1/4 R with RIGHT Step side R, LEFT Step across front of R (9 o'clock)
6,7 RIGHT Step side R, LEFT Step beside R
8,&,1 RIGHT Cha Cha Cha side R (R side, L tog, R side)

(Sec. 3) ROCK/BACK, RECOVER/FORWARD, CHA CHA TURN, BACK, BACK, BACK, HIP

2,3 LEFT Rock/Step crossed behind R, RIGHT Recover/Step FORWARD in front of L
4,&,5 LEFT Cha Cha Cha with 1/2 Turn R (L back, R across front of L, L back) (3 o'clock)
6,7 RIGHT Step back, LEFT Step back
8,1 RIGHT Step back, RIGHT Hip back

(Sec. 4) FORWARD, TURN/TOUCH, SIDE/ROCK-RECOVER/SIDE-ACROSS, TOUCH, BACK, TOUCH

2 LEFT Step forward,
3 Turn 1/2 L on L Toe/Ball with RIGHT Toe/Touch beside L ankle, R knee bent (9 o'clock)
4,&,5 RIGHT Rock/Step side R, LEFT Recover/Step side L (in place), RIGHT Step across front of L
6,7,8 LEFT Toe/Touch side L, LEFT Step behind R, RIGHT Toe/Touch forward

Begin Again

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