

Bie Zhi Ji

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Mei Mei (INA) & Lina (INA) - January 2020
音樂: Bie Zhi Ji by Sun Ze Chi



Intro : Start dance after 32 counts , No Tag and No Restart

S1 : Basic night club steps left right left, Step turn ¼ left , Behind side cross

- 1 2 & LF long sliding step left (1), Drag RF next to LF and RF rock step back (2), Recover onto LF (weight on LF) (&)
3 4 & RF long sliding step right (3), Drag LF next to RF and LF rock step back (4), Recover onto RF (weight on RF) (&)
5 6 & LF long sliding step left (5), Drag RF next to LF and RF rock step back (6), Recover onto LF (weight on LF) (&)
7 Turn ¼ left and step RF a
8 & Cross left behind (8), Step right to right side (&)

S2 : Cross, Side rock, Cross, Turn ¼ left Forward, Turn ½ Pivot R, Forward, Full turn L

- 1 2 & Cross left over right (1), Rock right to right side (2), Recover on left (&)
3 & Cross R over L (3), Step L to L side (&)
4 & Cross R behind L (4), ¼ Turn left forward (&)
5 6 & Step R forward (5), ½ turn R step forward on L (6), Recover on R (&)
7 8 & Step L forward (7), ½ turn L step R back (8), ½ turn L step forward on L (&)

S3 : R lock step Forward, Forward mambo sweep, Cross, Turn ¼ left Forward, Turn ½ Pivot R, Forward

- 1 & 2 Step R forward (1), Lock L behind R (&), Step R forward (2)
3 & 4 Step L forward (3), Step L in place (&), Step L back with sweep RF (4)
5 & 6 Cross R behind L (5), ¼ Turn left forward (&), Step R forward (6)
7 & 8 Step L forward (7), ½ turn R step forward on R(&), Step L forward (8)

S4 : ¼ Diamond Fallaway, Forward Mambo, R Sailor step

- 1 & 2 Cross R over L (1), Step L to L side (&), 1/8 R stepping back R diagonal (2)
3 & 4 Step back on LF (3), 1/8 R Step R to R side (&), Step forward on LF (4)
5 6 Step R forward (5), Step L in place (6)
7 & 8 Cross R behind L (7), Step L to L side (&), Step R to R side (8)

Enjoy the dance

Contact person : beautylinedancemeimei5811@gmail.com