

Stand and Deliver

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Jeff Huffman (USA) & Sarena Huffman (USA) - January 2020
音樂: Stand and Deliver - Patrick Droney



Intro: 32 counts

[1-8] Rolling Vine Right, Vine Left

1-4 Step R ¼ right, step L ½ turn right, step R ¼ right, touch L beside R
5-8 Step L to left side, step R behind L, step L to side, touch R beside L (12:00)

[9-16] Hip Bumps, Rock Recover, ½ Turn Triple

1-4 Bump hips R, L, R, L
5-6 Rock forward on R, Recover L
7&8 Step R ¼ to right, step L beside R, step R ¼ right (6:00)

***Tag: Wall 3 after first 16 count: Sway Left (1), Right (2), Left (3), RESTART

[17-24] Rock recover, ¼ L triple, Rock recover, R lock triple back

1-2 Rock Forward on L, Recover R
3&4 Step L ¼ left, step R beside L, step L to left (3:00)
5-6 Rock Forward on R, Recover L
7&8 Step R back, Lock L across R, Step R Back

[25-32] Rock Recover, L Triple Forward, Kick Ball Change X2

1-2 Rock Back on L, Recover R
3&4 Step L Forward, Step R beside L, Step L Forward
5&6 Kick R forward, step on ball of R, step on L
7&8 Kick R forward, step on ball of R, step on L

Have A Gr8 Time Dancing!!!
