

Heavenly for Thomas

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Deanna Nemes (USA) - February 2020
音樂: Heavenly - Corbette Jackson



Restart – wall 4

This song was written in memory of Thomas Valva and dance was performed at Thomas Valva fundraiser on 2.16.20 at Recipe Seven on Long Island

Begin at 32 counts with lyrics

Alternative Music: Heartache Medication by John Pardi (begin dance with lyrics, no restarts)

[1-8] Rocking Chair, Rt Lockstep, brush Lt, Lt Lockstep, brush Rt, step Rt, ½ pivot left, step Rt Forward

1&2& Rock rt forward, recover back lt, rock rt back, recover lt forward
3&4& Step rt forward, step lt behind rt, step rt forward, brush sole of lt foot forward
5&6 Step lt forward, step rt behind lt, step lt forward, brush sole of rt foot forward
7&8 Step rt forward, pivot ½ left, step rt forward (facing 6:00)

[9-16] Full Right turn stepping Lt-Rt- Lt, Rt Mambo forward, walk back Lt-Rt-Lt, Coaster Rt-Lt-Rt

1&2 Full turn right stepping forward lt-rt-lt
3&4 Rock forward rt, recover lt, bring rt to lt
5&6 Quick steps backward lt-rt-lt
7&8 Step rt back, step lt next to rt, step rt forward

[17-24] Step side Left, lean left, tap right toe to lt shin, recover, cross shuffle Lt-Rt-Lt, Step side Right, lean Rt, tap Left toe to Rt shin, recover, cross shuffle Rt-Lt-Rt

1&2 Rock lt to left side, angle body toward 2 o'clock, lift right foot and tap it against lt shin, recover rt w/ toes facing 2 o'clock (Restart here on wall 4)
3&4 Cross step lt over right, step right behind lt, step lt
5&6 Rock rt to right side, angle body toward 10 o'clock, lift lt foot and tap it against rt shin, recover lt w/ toes facing 10 o'clock
7&8 Cross step rt over left, step left behind rt, step right

****Restart after count 20 on wall 4 facing 6 o'clock**

[25-32] Shuffle Back Lt-Rt-Lt, half shuffle Right Rt-Lt-Rt, step forward Left, half turn right stepping onto Rt, shuffle forward Lt-Rt-Lt

1&2 Step back left, step rt next to lt, step back rt
3&4 ½ turn shuffle rt, step rt, step lt next to rt, step rt (facing 12:00)
5,6 Step forward lt, ½ pivot stepping forward on rt (facing 6:00)
7&8 Step forward lt, step rt next to lt, step forward lt

Life Happens. Just. Keep. Dancing.

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Last Update - 20 Feb. 2020