

Underdog

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Magali CHABRET (FR) - February 2020
音樂: Underdog - Alicia Keys : (Album: Underdog - Single)



#16 counts intro

S1 – SIDE ROCK, SWITCH, SIDE, TOUCH, MONTERY ¼ TURN R, SIDE ROCK & CROSS

1-2 Rock Rf to right side – recover onto Lf
&3-4 Close Rf next to Lf – step Lf to side – touch Rf beside Lf (clap hands)
5-6 Point Rf to side – turn 1/4 right stepping Rf next to Lf (3:00)
7&8 Rock Lf to left side – recover onto Rf – cross Lf over Rf

S2 – R & L DOROTHY STEPS (or Triple Steps), CROSS, BACK, JUMP SIDE, TOUCH, JUMP SIDE, TOUCH

1-2& Step Rf diagonally right forward – step Lf behind Rf – step Rf to right side
3-4& Step Lf diagonally left forward – step Rf behind Lf – step Lf to left side
5-6 Cross Rf over Lf – step back on Lf
&7 Small step Rf to right side – touch Lf next to Rf
&8 Small step Lf to left side – touch Rf next to Lf

Easier Option : replace counts 1 – 4 by : 1&2 triple step diag R, 3&4 triple step diag L

S3 – WALK BACK R& L, COASTER STEP, BUMP, STEP, BUMP, STEP

1-2 Step Rf back – step Lf back
3&4 Step back on ball of Rf – close Lf next to Rf – step Rf forward
5-6 Bump left hip forward – step Lf forward
7-8 Bump right hip forward – step Rf forward

S4 – PIVOT ½ TURN R, FWD TRIPLE STEP, MAMBO FWD, MAMBO BACK

1-2 Step Lf forward – turn 1/2 right taking weight on Rf (9:00)
3&4 Step Lf forward – step Rf beside Lf – step Lf forward
5&6 Rock Rf forward – recover onto Lf – step back on Rf
7&8 Rock Lf back – recover onto Rf – close Lf next to Rf

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.

Last Update – 19Feb. 2020