

Tied Down

拍數: 32 牆數: 4 級數: Improver
編舞者: Eddie Huffman (USA) - February 2020
音樂: Tied Down - Larry Fleet : (iTunes, amazon)



Introduction: 16 count on vocals.

PART 1. (HALF BOX STEP RIGHT LEFT, STEP LOCK STEP BACK, ½ TURN TRIPLE LEFT)

1&2 Step R to R, Step L together, Step R forward
3&4 Step L to L, Step R together, Step L forward
5&6 Step R back, Cross L across R, Step R back
7&8 Turning ½ L stepping LRL (6:00)

PART 2. (HALF BOX STEP RIGHT LEFT, STEP LOCK STEP BACK, ¼ TURN LEFT SAILOR)

1&2 Step R to R, Step L together, Step R forward
3&4 Step L to L, Step R together, Step L forward
5&6 Step R back, Cross L across R, Step R back
7&8 Turn ¼ L step LRL (3:00)

PART 3. (TOUCH RIGHT TOE OUT IN OUT, WEAWE, TOUCH LEFT TOE OUT IN OUT, WEAWE)

1&2 Touch R toe to R, Touch R toe together, Touch R toe out
3&4 Step R behind L, Step L to side, Step R across L
5&6 Touch L toes to L, Touch L toe together, Touch L toe out
7&8 Step L behind R, Step R to side, Step L across R

PART 4. (¼ RIGHT JAZZ, STEP LOCK STEP FORWARD, STEP RIGHT FORWARD, RECOVER LEFT, TURN ¼ RIGHT STEP RIGHT FORWARD, CROSS TRIPLE STEP)

1&2 Step R across L, Step L back, Turn ¼ R step R forward (6:00)
3&4 Step L forward, Cross R behind L, Step L forward
5&6 Step R forward, Recover L, Turn ¼ R step R forward (9:00)
7&8 Cross L across R, Step R to side, Cross L across R

RESTART: Start wall 2 facing 9:00.

Dance to count 24 then Restart the dance facing 12:00