Happy EZPZ

拍數: 32

級數: Absolute Beginner



音樂: Happy - Pharrell Williams

All straight count, no tags or restarts.

Dance starts after right away. Count 4 beats then go!

Diagonal forward step touch , step touch, then diagonal back step touch, step touch.

- 1-2-3-4 Step right foot forward at a diagonal. Touch left foot beside it. Step left foot forward at diagonal . Touch right foot beside it.
- 5-6-7-8 Step right foot back at a diagonal. Touch left foot beside it. Step left foot back diagonal touch right toe beside it. (12:00)

Stomp right diagonal forward then walk in left heel ,toe,touch. Repeat on left side.

- 1-2-3-4 Stomp right foot at front diagonal putting weight on right foot. Move left foot toward it by turning left heel in, then left toe in, then touch left toe beside right foot.
- 5-6-7-8 Stomp left foot at front diagonal putting weight on left foot. Move right foot toward it by turning right heel in, then right toe in, then touch right toe beside left foot.(12:00)

Step back kick opposite foot forward 4 times traveling back

- 1-2-3-4 Step right foot back and kick left foot forward. Step left foot back and kick right foot forward.
- 5-6-7-8 Step right foot back and kick left foot forward. Step left foot back and kick right foot forward. {12:00}

Walk R-L-R forward, hitch L while turning a quarter left, walk L-R-L hitch R

1-2-3-4Walk forward right, left, right, hitch your left knee up while you turn a quarter to left wall (9:00)5-6-7-8Walk left, right, left, then hitch right knee.

Shout out to Brenda Sauls for her commitment and passion for her fun classes- and she is wide open to her students' requests.





牆數:4